

metro®

NEW YORK • Monday, November 19, 2012

Century 21
department store

BETTER THAN
BLACK
FRIDAY

NOVEMBER 19 – 21

SCORE LIKE NEVER BEFORE!
TOP DESIGNERS ARE UP TO 85% OFF RETAIL.

BROOKLYN | LONG ISLAND | MANHATTAN | MORRISTOWN | PARAMUS | QUEENS | C21STORES.COM | 877.350.2121

Century 21
department store

CYBER
MONDAY

NOVEMBER 26

FREE SHIPPING FOR VIP LOYALTY MEMBERS
AT C21STORES.COM

TAYLOR LAUTNER: LONE WOLF {page 21}

metro®

Max 50°
Min 36°

NEW YORK

Monday, November 19, 2012

FREE Fingerless Gloves!With purchase.
Present this ad
at a retail location.Made in USA
Sweatshop FreeOffer ends:
11/30/12**American Apparel**

GETTY IMAGES



Stalking hike evidence of social media's darker side

► Brooklyn district attorney says 25 percent increase in stalking cases in '12 seems linked to accessibility of victims on social media ► Experts also conclude that technology increases creeps' ease of knowing women's locations ► One victim tells her harrowing story {page 02}

news

Jimmy Carter: Israel rejects Palestine state

► Former president says aim of Israel's Gaza offensive is a massive land grab {page 11}

sports

Jets brush controversy aside in win

► Team breaks three-game losing streak in easy victory over St. Louis {page 28}

**films**

Finding 'Silver Linings' in mental illness

► Bradley Cooper on the nuances of playing a bipolar character in new film {page 22}

**BLACK VIOLIN**

"A raucous, rousing, genre-busting performance piece that dares the audience to get up and dance"
—Time Out New York Kids

Now thru Nov 25

For everyone 6+



Art: Tony Slaughter, Photos: Colin Brennan

**THE NEW VICTORY® THEATER**

NewVictory.org • 646.223.3010 • 209 West 42nd Street, just west of Broadway

1

In the news

Baby found dead in Queens

Cops found an unconscious, unresponsive 2-month-old inside of an Elmhurst, Queens, day-care center Saturday morning. The baby girl, identified in news reports as Jennifer Zheng, was pronounced dead after being transported to Elmhurst Hospital Center. A cause of death was not immediately determined, and an investigation is ongoing.

● METRO/JG

In the news



"So as the president said when he was up here with the governor, we're not going anywhere. You've got a homeboy in the deal who gets it."

VICE PRESIDENT JOE BIDEN, REASSURING N.J. RESIDENTS YESTERDAY

Sandy. Homes lost



► Many homes like this one in Midland Beach, Staten Island, were damaged beyond recognition following the wrath of Sandy.

MILES DIXON/METRO

NYC calls for mass demolition of many homes

New York City plans to tear down about 200 homes badly damaged in Hurricane Sandy after a review found they could pose a threat to public safety, The New York Times reported. Most of the houses are in Staten Island, Queens and Brooklyn and will be demolished in the coming weeks and months, according to the paper, which cited an interview with Buildings Department Commissioner Robert LiMandri. The department is likely to have a clearer picture later this week of exactly how many homes will be bulldozed. ● BRIAN MCCRONE

News in brief

Smoker dies in freak accident

A Brooklyn man reportedly accidentally set himself on fire early Saturday morning while smoking in bed. Police said they arrived at the victim's home on Ocean Avenue at 12:30 a.m., only to find him unconscious and unresponsive with severe trauma to the body. The unidentified 39-year-old was pronounced dead after being transferred to Kings County Hospital Center.

● METRO/JG

Bronx man charged with abductions

A Bronx man briefly kidnapped his two young children early Sunday after firing a bullet at their mother and lighting her apartment on fire. The incident started at the intersection of Barker and Adele avenues, located near Bronx Park, when Fitz Edwards shot at but missed the 26-year-old mother of his children, according to police. Edwards, 29, then allegedly set her apartment on fire, fled with their two children, ages 2 and 5, and carjacked a 2005 Honda Accord, cops said. Edwards remained on the lam as of Sunday evening, but police found the car — with the two unharmed children still inside — in Harlem. ● METRO/JG



► Smoking and snoring: Never a good combination

Stalked in the city

- Growing number of stalking cases concerns police
- Crime often leads to violence, according to officials

Fighting back

What should you do if you find yourself in a situation you find uncomfortable?

► Lucibello advises having a plan for if you are with someone who becomes combative, such as an app like Circle of 6, a discreet contacting system. "In those situations, you'd like to pull out your phone and call 911, but sometimes it's just not possible or you don't want to raise the tension or the dangerousness of the situation," she said.

► The John Jay College of Criminal Justice suggests saving and documenting all contacts, messages or injuries involving a stalker. They also caution against changing a phone number, instead advising this could escalate the stalking, and said any messages should be saved.

month in criminal court so far this year, compared to 40 each month last year.

"We're coaxing it upward," Lucibello said. "Every time we get some uptick in numbers, we are sort of happy, because it shows that we know it's out there, so we want people to do something about it."

In October, the D.A. hosted a "Stalking: Who's Watching You?" conference at the Brooklyn Law School to educate students and officials. One of the challenges, Lucibello said, is how available social media has made people's whereabouts. A college student may write on Facebook or Twitter that she is headed to the gym, where a stalker could simply show up.

"It actually in many ways increases the amount of information that the batterer still will have well beyond the ending of a relationship," Lucibello said.



ALISON BOWEN
alison.bowen@metro.us

'He didn't want to take no for an answer'

A Brooklyn woman in her 20s told Metro about being stalked by a stranger in her neighborhood. The man, who she saw frequently, kept calling out to her, trying to get her attention.

"He didn't want to take no for an answer," she remembered. One time he even pulled up in a van and told her to get in. She tried "to be polite and ignore" him, she said, but, "it kept happening."

She continued, "I would start to tell him very clearly,

'Leave me alone.' I would start to cross the street and this would provoke him further. He would shout across the street, 'I can say hello to whoever I want to, I'm being neighborly.'"

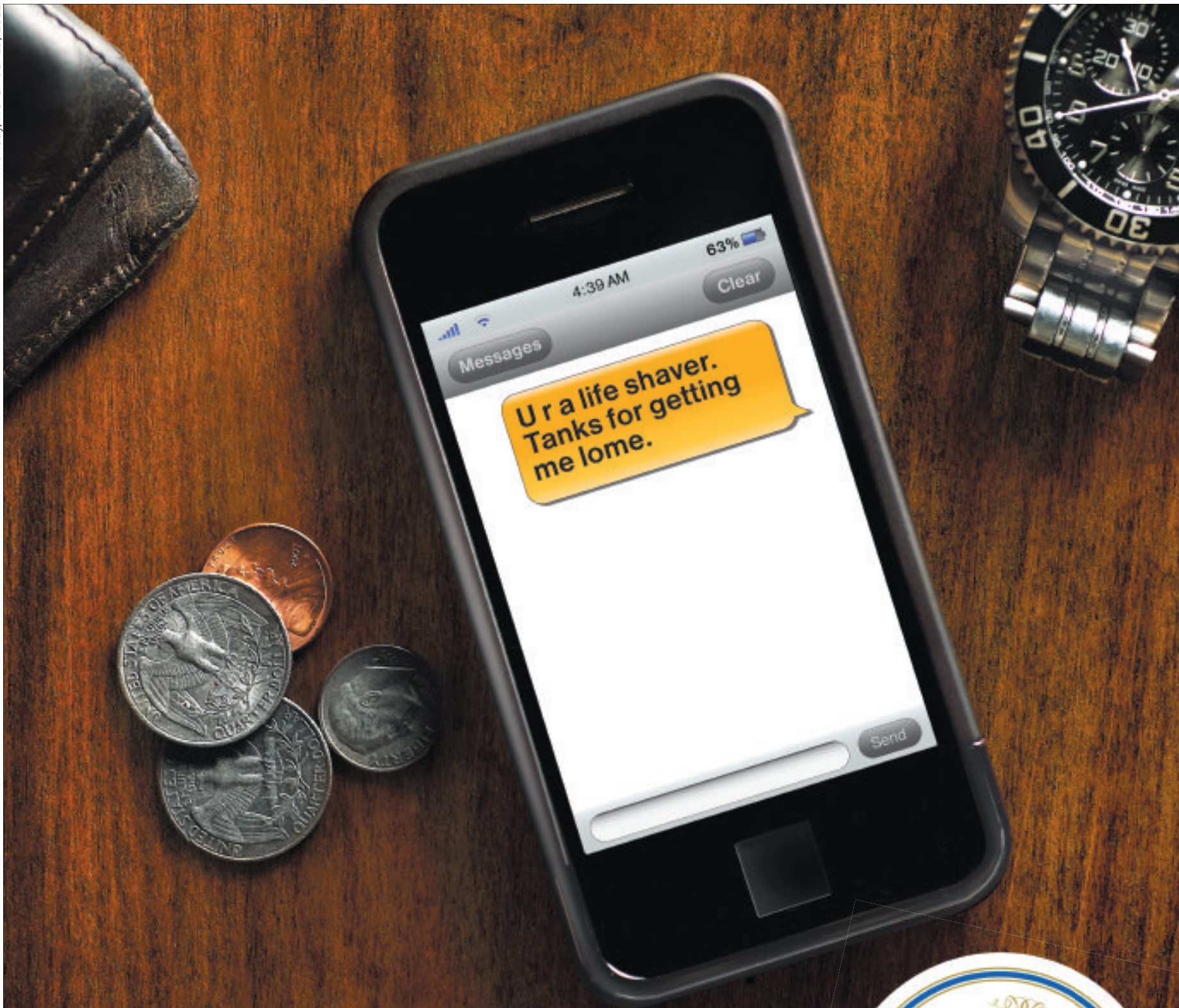
She went the local police precinct, which was in an upstate town where she was living at the time, and tried to make a report. "It was a really difficult process," she said. "They didn't take it too seriously. ... They were just like, 'Well, did he approach you? Did he assault you?' ... So then they said, 'Well, there's nothing we can do.' I knew better." When she went back and pressed for action, they eventually took a report.

● METRO/AB

Quoted

"With technology becoming so much more advanced, there are so many different ways that a person can be tracked — and the more savvy that the offender is in navigating these systems, the more likely that they're going to be able to track the person or go undetected or not be able to be caught."

MAUREEN CURTIS, ASSOCIATE VICE PRESIDENT OF CRIMINAL JUSTICE PROGRAMS AT SAFE HORIZON



STOP
DWI New York



Download the You the Man App at
YouTheManNYC.org

**Drunk texting is a bad idea.
Drunk driving is worse.**

**BE THE MAN. BE THE
DESIGNATED DRIVER.**



In the news

Man stabbed outside Flushing mosque

A man was knifed early Sunday outside of a mosque in Flushing, Queens, in what may have been a bias attack.

The 57-year-old victim was stabbed multiple times in the torso just before 5 a.m. as he tried to enter the Masjid Al-Saaliheen, located on Kissena Boulevard near Aguilar Avenue, according to police. The victim, who the NYPD declined to identify by name, was then taken to Queens Hospital Center.

He remains there in stable condition, police said Sunday

evening. According to the Associated Press, the attacker is believed to be a Hispanic man in his 40s. He may have yelled out both anti-Muslim and anti-Semitic slurs during the stabbing, the AP reported. No arrests have been made yet, and an investigation is ongoing, a police spokeswoman told Metro. No one at the mosque could be reached for comment.

● METRO/JC

Two governors, two paths after Sandy moved on



Christie



Cuomo

For two weeks after Hurricane Sandy ravaged New York and New Jersey, Governors Andrew Cuomo and Chris Christie traded business attire for crisis-mode casual as they held briefings, toured the destruction in helicopters and pushed power companies to get the lights on.

Cuomo, a Democrat, is now focusing on rebuilding New York, with damages estimated at \$33 billion, and probing the failings of the state's Long Island Power Authority, which incurred residents' wrath for its performance after the storm. As he casts himself as a champion for constituents, he has a 70 percent approval rating.

The road is rockier for Christie, a Republican whose first term ends in a year. The governor has come under fire from his party for praising President Barack Obama's handling of Sandy. The small-government proponent finds himself rethinking an income-tax cut central to his strategy and even warning of property-tax increases to pay for cleanup beyond the 2 percent annual cap. While the storm allowed Cu-

'Comeback' poll?

In a Quinnipiac University poll released less than two weeks before the storm, Christie had an approval rating of 56 percent, three percentage points below an all-time high. The governor spent much of the year holding town-hall meetings, where he would say New Jersey was "in a comeback" and could afford an income-tax cut for every resident.

mo to burnish his reputation, it has Christie improvising.

"As people work to rebuild, I think there are real challenges for Christie and his administration," Montclair State University professor Brigid Harrison said. **BLOOMBERG**

Bridge. Reopening



► The Brooklyn Battery Tunnel is flooded after a tidal surge caused by Hurricane Sandy.

ALLISON JOYCE/GETTY IMAGES

Tunnel cleared for NYC drivers

The Brooklyn-Battery Tunnel will fully reopen Monday morning for cars and buses, though trucks are still barred until further notice. Debris-laden seawater flooded the tunnel during Hurricane Sandy, causing damage to its electrical, communications, surveillance and ventilation systems. According to Gov. Andrew Cuomo, additional off-peak closures may be coming in order to continue with repairs. ● METRO

BEST LOCATIONS • POCONOS BEST • VISIT LTS 1ST • BEST LOCATIONS • POCONOS BEST • VISIT LTS 1ST

LTS—POCONOS' LEADER FOR 35 YEARS.

ANNIVERSARY SPECIAL!
 CALL TO RECEIVE YOUR
\$12,000 FLEX CHECK
*Limited to the first 50 customers

Offering the best locations, quality & service. Build with the best!

Call today!

800-587-5432

GWB to I-80W into PA. Exit 309, go 1.5 mi.

Models Open Daily

- Closest locations to NY and NJ
- Best Value - Lowest Cost of Ownership
- 0%-3.5% Government Loans Available
- Homes From **\$189,900**

Certain LTS communities consist of properties that are bound by a Homeowners Association, offered through a PA Offering Statement. This ad is not intended as an offer to residents in states where properties are not registered. *This Offer may be withdrawn at any time.

WWW.LTSHOMES.COM

VISIT LTS 1ST • POCONOS BEST • BEST LOCATIONS • VISIT LTS 1ST • POCONOS BEST • BEST LOCATIONS

NJ Transit's woes appear self-inflicted

► Agency put its vital equipment in flood-prone rail yards before Sandy hit, Reuters found ► Service will remain at about half normal trains



► With only half the number of trains running, expect long delays to continue.

New Jersey Transit's struggle to recover from superstorm Sandy is being compounded by a pre-storm decision to park much of its equipment in two rail yards that forecasters predicted would flood, a move that resulted in damage to one-third of its locomotives and a quarter of its passenger cars.

That damage is likely to cost tens of millions of dollars and take many months to repair, a Reuters examination has found.

The Garden State's commuter railway parked critical equipment — including much of its newest and most expensive stock — at its low-lying main rail yard in Kearny just before the hurricane. It did so even though forecasters had released maps showing the wetland-surrounded area likely would be under water when Sandy's expected record storm surge hit. Other equipment was parked at its Hoboken terminal and rail yard, where flooding also was predicted and which has flooded before.

Among the damaged equipment: nine dual-powered locomotive engines and 84 multi-level rail cars purchased over the past six years at a cost of about \$385 million.

After Reuters made numerous inquiries to state and local officials this week about the decision to store equipment in

Quoted

"If there's a predicted 13-foot or 10-foot storm surge, you don't leave your equipment in a low-lying area. It's just basic railroading. You don't leave your equipment where it can be damaged."

DAVID SCHANOES, A RAILROAD CONSULTANT AND FORMER DEPUTY CHIEF OF FIELD OPERATIONS FOR METRO NORTH

the yards, an unidentified senior transportation official told the New York Post that NJ Transit had launched an internal probe, the Post reported on Saturday.

NJ Transit Chairman James S. Simpson, the state's transportation commissioner, told Reuters on Saturday he knew of no such investigation. NJ Transit spokesman John Durso said the agency had not launched a probe but would examine its response to the storm, as "is standard procedure following any major incident." **REUTERS**

No 'significant effect' expected in coming weeks

As of Friday, almost three weeks after the storm, the agency was still struggling to restore full service for its 136,000 daily commuters, running just 37 trains into New York Penn Station

during the morning rush hour rather than its usual 63. More service will be restored on Monday.

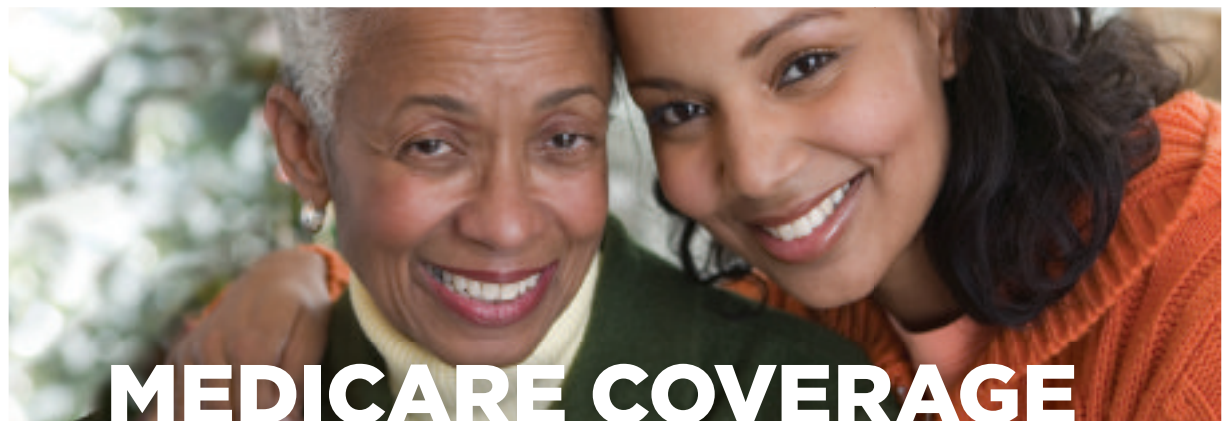
- James Weinstein, NJ Transit's executive director, said he did not expect the loss of equipment to have a significant effect on service in the coming weeks and months.
- Floodwaters zapped the computer system that guides

trains and alerts passengers, damaged a substation that powers much of the agency's main artery into the city, coursed into one of the two tunnels that funnel its trains under the Hudson River and left a major hub in Hoboken under 9 feet of water and 5 feet of mud.

- Still, some of the damage to trains could have been avoided with better planning,

experts say.

- Most of the avoidable damage came at NJ Transit's Meadows Maintenance Complex, a sprawling 78-acre network of tracks and buildings in an industrial area of Kearny surrounded by wetlands. The complex is the primary maintenance center for the agency's locomotives and rail cars, with both outdoor and indoor storage.



MEDICARE COVERAGE IS A FAMILY DECISION.

While you're together this holiday season, make sure your loved ones make the right Medicare choice. As a New York company, EmblemHealth has been giving local families expert health care solutions for 75 years. We can help your family with information about:



- \$0 PREMIUMS
- \$0 DEDUCTIBLES
- LOW OR NO COPAYS

- PRESCRIPTION DRUG COVERAGE
- SOME OF THE LOWEST COPAYS FOR BRAND-NAME DRUGS

DON'T MISS THE DECEMBER 7 MEDICARE ANNUAL ENROLLMENT PERIOD DEADLINE.

Call today: 1-866-230-0996, 8 am–8 pm, seven days a week. (For those with a TDD/TTY machine: **1-877-444-2786.**)



Group Health Incorporated (GHI) and HIP Health Plan of New York (HIP) are Medicare Advantage organizations with a Medicare contract. GHI and HIP are EmblemHealth companies. The benefit information provided is a brief summary, not a complete description, of benefits. For more information, contact the plan. Limitations, copayments and restrictions may apply. Benefits, formulary, pharmacy network, premium and/or copayments/coinsurance may change on January 1 of each year. You must continue to pay your Medicare Part B premium.

Y0026_123372 Accepted 10/30/12

Twinkies start selling on eBay

Since Hostess Brands announced plans to liquidate and sell its products until supplies are exhausted, Americans have been scooping up Twinkies to get a fix of their beloved snacks. Supermarkets are running out and fans are pushing up prices on eBay.

Yesterday, shoppers emptied the shelves of Twinkies at a Jewel-Osco store in Chicago.

"We may have a few things left, but pretty much we're out of our Hostess stuff," Paul Knoblock, assistant store manager, said.

A 10-pack of Twinkies was available on eBay yesterday for \$24.99, and four 10-packs were listed for \$99.99 on the online retailer's website. A 10-pack of Twinkies is \$3.29 on the Peapod website, a grocery seller owned by Royal Ahold.

BLOOMBERG



Lawmaker: Obama knew about Petraeus affair before election

The head of the House Intelligence Committee suggested yesterday that President Barack Obama might have known about former CIA Director David Petraeus' extramarital affair before the November election, and said Attorney General Eric Holder should address this question soon before Congress.

U.S. Rep. Mike Rogers, a Republican, said Holder's statement that the Justice Department had not informed the president before the election implied that Holder might have told Obama privately.

He noted that the FBI investigation of the communications between Petraeus and his biographer Paula Broadwell arose due to concern over a counter-intelligence threat.

Both Petraeus and Broadwell have said they did not share any security secrets, and investigators have said they have found no security breach.

REUTERS



Quoted

"I'm not sure that the president was not told before Election Day. The attorney general said that the Department of Justice did not notify the president, but we don't know if the attorney general ... [notified him]." ROGERS

Out of the uniform and into the fire

The head of the Senate Intelligence Committee wondered yesterday whether the transition from four-star general to civilian intelligence chief may have thrown ex-CIA Director David Petraeus off his game and into an adulterous affair.

"You see the medals he has, you see the stars. One day he takes all of that off. He's in a plain blue suit. ... There's no entourage. There's no driver. He gives an order at the CIA, there's discussion, there's flak ... and then he goes home to wash dishes," Sen. Dianne Feinstein said on NBC's "Meet the Press."

She agreed the decision was the right one. But she said current expectations of the military to make long and repeated tours of duty away from home need to be examined. REUTERS

Metro Magic toy drive

1 Log on to www.metro.us and look for the Metro Magic logo at the top left.

2 One click on the logo will take you to a "wish list" we have set up via a secure link on ToysRUs.com. Once there, you can see all the toys we've already requested, with more added daily.

► All the gifts purchased will be sent directly to Metro's office. It's the third year of Metro Magic, where we ask our readers to go online to buy toys for underprivileged children.

● METRO



DON'T ASSUME IT WAS LEFT BY ACCIDENT.

IF YOU SEE SOMETHING, SAY SOMETHING. TELL A COP OR AN MTA EMPLOYEE OR CALL **1-888-NYC-SAFE.**



Funding provided by grants from the U.S. Department of Homeland Security.

**WHERE WE STAND
OFFERING MEDICAL AND VETERINARY STUDENTS THE
CHANCE TO SOLVE COMPLEX HEALTH ISSUES WITH OUR
PUBLIC HEALTH DUAL DEGREE PROGRAMS**

**BECOMING A LEADER WITH THE SKILLS TO
PROTECT WORLD HEALTH
WILL MAKE YOU **STAND OUT****

©2012 St. George's University



US/Canada: 1 (800) 899-6337 ext. 9 1280
sgu.edu/future-students • sguenrolment@sgu.edu



St. George's University
THINK BEYOND
Grenada, West Indies

Opinion

JUSTIN DOWD

WINNER OF METRO'S
RACE TO SPACE

www.metro.us/weirdscience

Log on

Justin has produced a chalk-animation video to accompany this column. View it at www.metro.us/weirdscience

THE TRUE STORY OF EXTRATERRESTRIAL LIFE

SETI is a research project dedicated to finding proof of intelligent life in our galaxy. Researcher Jill Tarter, the basis for Jodi Foster's character in the movie "Contact," describes the project as "[using] the tools of astronomy to try and find the evidence of someone else's technology out there."

Every radio, television and cell-phone signal is unintentionally beamed into space. The signal of a song you heard on the radio yesterday is far beyond the solar system right now. Researchers hope to detect byproducts of technology released by other civilizations.

According to researcher Seth Shostak, "Recent results suggest that virtually every star has planets, and more than one. They're like kittens — you get a litter." An accurate estimate of planets in our galaxy is more than twice the number of stars, more than 200 billion. Shostak shares an insider bet: "The smart money is suggesting the fraction of planets that might be suitable to life is one in 1,000." This means there are around a billion cousins to Earth in our galaxy alone.

Quoted

"Recent results suggest that virtually every star has planets, and more than one. They're like kittens — you get a litter. ... The smart money is suggesting the fraction of planets that might be suitable to life is one in 1,000."

SETH SHOSTAK, RESEARCHER

Advancing telescopes allow SETI to listen to a million star systems with planets, compared to a handful in the 1960s. Shostak gives the bottom line: "Because of the increase in speed and because of the vast amount of habitable real estate in the cosmos, I figure we are going to pick up a signal within the next two dozen years." If signals are colliding with earth, they are colliding with you right now and contributing to some of the static seen on TVs.

Jill Tarter says, "We, all of us, are what happens when a primordial mixture of hydrogen and helium evolves for so long that it begins to ask where it came from." Why would galaxies, stars, planets, elements, even weather, all be inevitable, repeating consequences of the universe, but not life?

There is a real possibility mankind may soon discover the universe is not empty, but teeming with consciousness. Earth, the location of all human history, may become, as Jill describes, "a fragile island of life in a universe of possibilities."

Metro does not endorse the opinions of the author, or any opinions expressed on its pages.

News in brief

'Donkey ears' claim probed

GERMANY. Labor representatives have harshly criticized German phone company Deutsche Telekom's treatment of workers at its ailing U.S. unit, which the group plans to merge with MetroPCS.

Lothar Schroeder of the Verdi services workers union, who is also a member of Telekom's supervisory board, told Reuters yesterday that some of the group's U.S. call-center agents are working under what they described as a "climate of tyranny."

Schroeder had spent a month talking to Deutsche Telekom call-center employees across the United States, he said.

German monthly Der Spiegel earlier reported that some call-center agents had been forced to write lines or wear donkey ears, citing a dossier written by Schroeder. **REUTERS**

2013 PACE UNIVERSITY'S JANUARY INTERSESSION

Warm up
with an online
course this winter
and earn 3 credits in
just 4 weeks.



JUMP AHEAD TOWARDS GRADUATION

Choose from over 50 online and traditional courses in the Arts and Sciences

View the complete January 2013 class schedule
at www.pace.edu/wintersession2013



On the go? Scan the QR code with any smart phone and be directed to our Web site instantly!



Work Permits, SSN, ID and No Deportation for Young People

The Obama Kids



1. Did you arrive in the U.S. when you were under the age of sixteen?
2. Have you continuously resided in the U.S. for at least five years prior to June 15, 2012?
3. Were you physically present in the U.S. on June 15, 2012?
4. Are you now at least 15 years old?
5. Are you currently in high school or have graduated or have a GED or be an honorably discharged veteran?
6. Do you have good moral character?
7. Were you under thirty-one years old on June 15, 2012?

If yes, you may qualify for Work Permit, Social Security number, State Identification and Deferred Action Relief (that is relief from deportation)



Call Now: Salis Law P.C., 42 Broadway Suite 1133, New York, NY 10004
(By Bowling Green) 4 or 5 Train to Wall Street.

Tel: 1-212-655-5749, 212-514-6141, 212-810-7111, 212-542-0214

Fax: 212-742-0549 • **Email:** mail@salislaw.com

Obama to Burma: Historic visit not an 'endorsement'



PAULA BRONSTEIN/GETTY IMAGES

► burmese work to silk-screen more Obama T-shirts at a local shop as Yangon.

Praise

Obama's trek to Myanmar is meant to highlight what the White House has touted as a major foreign policy achievement. Its success comes in pushing the country's generals to enact changes that have unfolded with surprising speed over the past year. He insisted his intention was to acknowledge that Myanmar, also known as Burma, had opened the door to democratic change but there was still much more to do.

Pressure

Speaking in Thailand on the eve of his landmark visit to the former pariah state, Obama denied he was going there to offer his "endorsement" or that his trip was premature, as many international human-rights advocates have charged.

"I don't think anybody is under the illusion that Burma's arrived, that they're where they need to be," Obama told a news conference as he began a three-country Asian tour, his first trip abroad since winning a

second term. The trip is aimed at showing that Obama is serious about shifting the strategic focus toward Asia.

"On the other hand, if we waited to engage until they had achieved a perfect democracy, my suspicion is we'd be waiting an awful long time," he said.

Obama's aides said he was determined to "lock in" democratic changes already under way but will also press for freeing remaining political prisoners and stronger efforts to curb ethnic and sectarian violence.

In the news

Lawmakers confident they can avoid fiscal cliff

Leading U.S. lawmakers expressed confidence yesterday that they could reach a deal to avert the "fiscal cliff" even as they laid down markers on taxes and spending that may make any agreement more difficult.

Republican and Democratic leaders have agreed on a framework to reform the tax code and government benefit programs next year, but first need to prevent across-the-board tax increases and spending cuts due to begin in January that could push the econo-



Pelosi

my back into recession.

That toxic \$600 billion combination, known as the fiscal cliff, is the legacy of earlier failed budget deals. Both sides say they see greater willingness to compromise this time.

"What I hear is a perceptible change in rhetoric from the other side," Dick Durbin, the No. 2 Senate Democrat, said on CNN's "State of the Union" program. "And what it is is an invi-

tation for our side to basically sit down and say, 'What can we do for this country?'"

Taxes are the biggest hurdle. President Barack Obama campaigned on a promise to raise tax rates on the wealthiest 2 percent of households, who have benefited more than the rest of the population over the past several decades as globalization and technology have transformed the U.S. economy. He wants to extend low tax rates for the bottom 98 percent of the population, but said he will not sign a budget deal that keeps low rates for the wealthiest in place.

Nancy Pelosi, the top Democrat in the House of Representatives, echoed this view. Though Republicans control the House, they will probably need Democratic votes to get any deal passed. **REUTERS**



575 Lexington Ave.
New York City, NY 10022
(between 51st and 52nd Streets)
212-753-5128
www.cameralandny.com

Mon-Fri, 8a-6:30p
Sat, 9a-5:30p

Save All Black Friday Week On
OLYMPUS®

2012 Olympus Imaging America Inc.
All rights reserved.

VR-340

- 16.0 Megapixel
- 10X Ultra Wide-Angle Zoom Lens (24-240mm Equivalent)
- 3.0-Inch LCD
- Dual Image Stabilization
- 720p HD Movie

Regular Price \$149.99
Less Instant Rebate \$ 70.00
Final Cost \$79.99

Valid 11/19 Thru 11/26

TG-320

- 14.0 Megapixel
- Dual Image Stabilization
- 3.6X Wide-Angle Optical Zoom
- Waterproof (10ft), Shockproof (5ft), Freezeproof (14°F/-10°C), Dustproof

Regular Price \$159.99
Less Instant Rebate \$ 30.00
Final Cost \$129.99

Valid 11/19 Thru 11/24

TG-610

- 14.0 Megapixel
- 3-Inch LCD
- Waterproof (16ft.) Shockproof (5ft.) Freezeproof (14°F/-10°C)
- 5X Wide-Angle Optical Zoom

Only \$179.99
Original Price \$349.99

Only 8 Cameras Available!

Black
Friday
Only!

SP-820

- 14.0 Megapixel CMOS Sensor
- 40x optical zoom
- 3.0" Wide LCD
- 1080p Full HD Video

Regular Price \$329.99
Less Instant Rebate \$ 30.00
Final Cost \$299.99

Valid 11/19 Thru 11/24

TG-820 iHS

- iHS Technology
- 12 Megapixel BSI CMOS
- 3.0" 1030K Dot Hypercrystal™ III LCD
- Waterproof (33ft) Shockproof (6.6ft) Freezeproof (14°F/-10°C)

Regular Price \$279.99
Less Instant Rebate \$ 80.00
Final Cost \$199.99

Valid 11/18 Thru 11/24

TG-1 iHS

- 12.0 Megapixel backlit CMOS Sensor
- F2.0 High-Speed Lens
- Waterproof to 40ft, Shockproof To 6.6ft, Crushproof to 220lbs., Freezeproof to 14ft, Dustproof

Regular Price \$399.99
Less Instant Rebate \$ 50.00
Final Cost \$349.99

Valid 11/18 Thru 11/24

Save on the
fisheye &
telephoto
converters
too!

E-PM-2 W/14-42

- 16 MP Digital Camera
- 8fps SEQ Shooting
- Live Guide Ease-Of-Use
- 1080i Full HD Video

Free Toshiba 8GB flash air memory card!
(Through mail-in claim)

\$599.99

E-PL-5 W/14-42

- 16 MP Digital Camera
- 8fps SEQ Shooting
- 3.0" Flip Portrait LCD
- 1080i Full HD Video

Free Toshiba 8GB flash air memory card!
(Through mail-in claim)

\$699.99

Magellan EXWP 1 8x42

- High-index Bak-4 prisms for bright, crisp images
- Fully multi-coated lenses
- Long Eye-Relief with Twist Up/Down Eyecups

5 Available

Only \$179.99
Regular Price \$279.99

**HUGE SAVINGS
ON ALL OLYMPUS
LENSES & HOODS**

**We print photos
from all smart
phones and tablets.**



**EXPERT CAMERA REPAIRS
FREE Estimates on All Repairs
PASSPORT PHOTOS While-U-Wait
WE DEVELOP FILM
We Print from Negatives**

Military: Israel bombards Syria after fire aimed at its troops

Israeli soldiers fired artillery into Syria in response to gunfire aimed at its troops in the Israeli-controlled Golan Heights, a military spokeswoman said yesterday. There were no reported injuries on the Israeli side from the shootings, which occurred on Saturday, the third case this month of violence seen as a spillover of civil unrest in Syria that has also alarmed other neighbors such as Lebanon and Turkey.

"Gunshots from Syria were fired at Israeli forces in the central Golan. Israel responded with artillery fire," the spokeswoman said.

The Israeli military also lodged a complaint with the United Nations on the incident. Israel captured the Golan area in a 1967 war and later annexed it in a move never recognized internationally. **REUTERS**

Hamas: Israeli air strike kills 11 civilians in Gaza

An Israeli missile killed at least 11 Palestinian civilians including four children in Gaza yesterday, medical officials said, in an apparent attack on a top militant that brought a three-storey home crashing down.

International pressure for a ceasefire seemed certain to mount in response to the deadliest single incident in five days of Palestinian rocket attacks on Israel and Israeli air strikes on the Gaza Strip.

Israel gave off signs of a possible ground invasion of the Hamas-run enclave as the next stage in its offensive, billed as a bid to stop Palestinian rocket fire into the Jewish state. It also spelt out its conditions for a truce. President Barack Obama said that while Israel had a right to defend itself against the salvos, it would be "preferable" to avoid a military thrust into the Gaza Strip, a narrow,



► Palestinian protesters hurl stones at an Israeli army tower at the main entrance of the West Bank city of Bethlehem.

densely populated coastal territory. Such an assault would risk high casualties and an international outcry. A spokesman for the Hamas-run Interior Ministry said 11 people, all of them civilians, were killed when an Israeli missile flattened the

home of the Dalu family. Medics said four women and four children were among the dead.

Israel's chief military spokesman said Yihia Abayah, a senior commander of rocket operations in the Gaza Strip,

Quoted

"We are exacting a heavy price from Hamas and the terrorist organizations, and the Israel Defense Forces are prepared for a significant expansion of the operation."

PM BENJAMIN NETANYAHU

had been the target.

The spokesman, Yoav Mordechai, told Israel's Channel 2 television that he did not know whether Abayah was killed, "but the outcome was that there were civilian casualties." **REUTERS**

Rockets stripped of warheads to fly farther into Israel

Some of the Palestinian rockets fired far into Israel during the Gaza flare-up have lacked powerful warheads because they were stripped down to increase range and spread alarm over a wider population, Israeli security sources said yesterday.

"Our assessment is that the prestige of setting off alarms deep in Israel, and being perceived as fighting on, is as important to them now as spilling our blood," said an Israeli official.

The official did not specify how many of the almost 900 rockets and mortars fired since fighting erupted on Wednesday had been deliberately sapped. **REUTERS**



► Rocket damage

MENACHEM KAHANA/AFP/GETTY IMAGES

We think it's time snorers had more attractive options.



eOs sleep

For the treatment of snoring & sleep apnea

Snorers, breathe a sigh of relief—we offer effective treatments beyond the mask.

At Eos Sleep, we start with an expert evaluation of your upper airway by a board-certified ENT physician. Then our coordinated team of specialists will make recommendations based on your particular diagnosis. Our wide range of options means you'll find the treatment that works for you *and* your bed partner. For many, it may be as simple as a 20-minute, procedure.

Open your eyes to an entirely new approach to treating snoring and sleep problems. Eos Sleep is here.

888-485-0466
New York City • Long Island
EosSleep.com

BECOME A PARALEGAL



- Manage a professional law office
- Organize cases for trials
- Conduct legal research
- Find related careers in legislative offices, investigative firms, legal publishing and product marketing industries

Conveniently located in Manhattan's Financial District.
Easy access to express subways and buses.

Call Today! (888) 324-3822

mildred-elley.edu

25 Broadway, Floor 16 | New York, NY

Accredited Member, ACICS

For Albany extension program details and disclosures visit mildred-elley.edu/disclosures

NEW Online Courses: transcription and coding careers. Call to learn more! (888) 414-6154

GET YOUR BUSINESS DEGREE

- Become an office manager, executive assistant and more
- Work in executive, accounting, banking, HR, marketing, sales, customer service and production offices.
- Get your degree in under 2 years

Enroll Now! (866) 755-5092

mildred-elley.edu

25 Broadway, Floor 16 | New York, NY

Accredited Member, ACICS

For Albany extension program details and disclosures visit mildred-elley.edu/disclosures



MILDRED ELLEY

KHALED DESOUKI/AFP/GETTY IMAGES

Exclusive



► Former U.S. President Jimmy Carter visited Cairo during the last week of October as part of a peace envoy from The Elders, a group of former world leaders.

Carter: Israel's policy is to take Palestinian land

► No longer wants Palestinian state, says former US president ► Nobel winner just returned from region

Israel is attacking Gaza again. Syria is descending into civil war. This fall four American diplomats were killed in Libya. The Middle East is more fragile than ever. Israel's leaders don't want a Palestinian state, Jimmy Carter tells Metro in an exclusive interview. The former U.S. president, who still conducts international negotiations and is now a member of The Elders, won the 2002 Nobel Peace Prize. He just returned from the Middle East.

The chances of a Palestinian state are fading. Whose job is it to fix this situation?

The first priority would be for the Israelis and Palestinians to take the initiative. But the Israelis have continued with their massive settlement program in the West Bank and East Jerusalem, and the Palestinians say they won't negotiate as long as Israel is continuing to take over their territory, so there's deadlock. The United States is looked upon by the

rest of the international community as the primary interlocutor, so the European Union members don't take action. As a result, there's no intermediary who can move things forward and initiate peace talks. **President Obama says he supports a Palestinian state, but even so there's a deadlock. Does it take even more than the support of a U.S. president to get a Palestinian state?**

I think the big change is that the Israeli leaders have decided to abandon the two-state solution. Their policy now is to confiscate Palestinian territory, and they've announced publicly that the Palestinians have to recognize not just Israel but Israel as a Jewish state, even though 20 percent of the Israeli community are non-Jews. [Israeli Prime Minister Benjamin] Netanyahu has also decided that even the Jordan valley has to be under Israeli control. So, those factors indicate quite clearly that Netanyahu has decided that the two-state solution is not what he wants. He wants

what is being called Greater Israel, Eretz Israel.

The Arab Spring had worldwide support. Now four diplomats have been killed and the region is considered less safe. Are dictators sometimes better than democracy?

I don't think so at all. For example, the Egyptian people had a very safe series of elections. As the Carter Center, we've been here for several of these elections, and have also monitored the elections in Tunisia and Libya. I don't think there's any doubt that the termination of the dictators has been a major beneficial development. The outside world just tends to be too impatient. The United States declared our independence from Britain in 1776, and it wasn't until 12 years later that we had a constitution. Egypt is going to have a constitution within a year of the president assuming power.

ELISABETH BRAW

METRO WORLD NEWS IN LONDON

90 mins. to NYC! – Most Trusted Poconos Builder! Come see why!

Hurricane Victims!

As a public service, during this time of stress, Classic Homes is providing up to a **\$10,000** bonus applicable toward closing costs to all new customers until further notice.

Our prices include **EVERYTHING!** Including permitting, water and sewer, etc.



The Homestead \$273,900 Complete

Complete terms available on request • 4 bedrooms • 2 1/2 baths • Loft • Dining Rm • Living Rm • Huge Kitchen • 2 car Garage • Central Air & Heat • Jetted Tub • Large Yard • Landscaping • 3,392 Sq. Ft.



The Millburn \$194,500 Complete

Complete terms available on request • 3 or 4 large bedrooms • 2 1/2 baths • Living Rm • Dining Rm • Central Air & Heat • Deck • Fireplace • Front Porch • Large Yard • 2,293 Sq. Ft. Turn Key Ready



EZ COMMUTE EXPRESS BUS SERVICE

• 90 MIN. TO NYC

Member Better Business Bureau NE and Central PA

Call Toll Free

1-800-276-4000

www.classicqualityhomes.com
Hours: Mon. thru Sat. 9am to 5pm



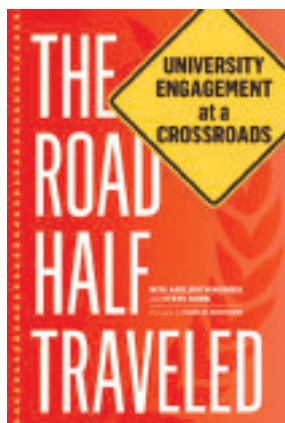
A call for university and community partnerships

► New book 'The Road Half Traveled' shows that the relationships between elite urban campuses and neighborhoods still need a lot of work

In the mid '90s, after a slew of headline-grabbing violent crimes on or near elite university campuses, administrators at these schools — most notably Yale and the University of Pennsylvania — finally began to grasp what activists had long preached: A college must be a force for positive change in its surrounding community.

Over the last 20 years, many urban schools have developed a new, expansive view of their role in the community. But has this shift — in both attitudes and resources — actually helped the people living in these areas?

Yes and no, says a new study, "The Road Half Traveled: University Engagement at a Crossroads," recently released



by Michigan State University Press.

"Universities are fundamentally rooted in their community. And they have a lot of resources. They're the biggest employers and biggest construction builders in most metropolitan areas. They can have a huge impact when they focus their resources locally," says co-author Rita Axelroth Hodges, who is now assistant director of the Netter Center for Community Partnerships at the University of Pennsylvania. "But all of this work takes a lot of time and thought and relationship building. The community needs to be engaged from the beginning. It needs to be mutually beneficial."

"Half Traveled" looks at the

community initiatives of 10 colleges nationwide. It is unclear to what extent, but the researchers found at least some of this new investment has actually displaced residents near these campuses.

"It's a burning question for many of us in this field: What is the true impact on the long-term residents in these communities?" says Hodges. "What we unfortunately found [in this study] is that the measurements of that are not being followed as closely as they should be. We certainly have plenty of anecdotal stories of ways that it's gone both good and bad, but we need to follow up."



BRUCE WALSH
bruce.walsh@metro.us



► When the institution behind the gate isn't engaged with the community outside it, both suffer.



Open your own restaurant
Cook in the hottest kitchens
Start the bakery of your dreams

FEED YOUR PASSION WITH A NEW CAREER



**6-13 month award-winning
career training programs**

**Real world experience
through externship**

**85% of graduates who
want a job, get a job***

**Flexible morning, afternoon,
evening & weekend classes**

Culinary Arts, Pastry & Baking Arts, Culinary Management, Hospitality Management

iceculinary.com/METRO | (888) 241 - CHEF

*2009-2011 ACCSC (accrediting) annual report employment rate is 83% of 1,728 students available for employment over the last 3 years' filings. This remaining 17% includes students who were employed in an unrelated occupation, unemployed, and whose whereabouts were unknown to ICE at the time of filing. For individual program completion and placement rates, please see that program's "Guaranteed Employment Disclosure" information.

THE WINDSOR SCHOOL

- Established in 1969 -

- Private Middle and High School
- Registered by NY State Education Department
- Accredited by Middle States Association

Moving To: 37-02 Main Street Flushing, NY 11354
135-22 37th Ave., Flushing, NY 11354

- More modern facilities
- Outstanding and expanded faculty
- Wi-Fi and computers in every classroom
- Receive an academic foundation to prepare for the future

Special Classes:

Saturday - SAT Prep Classes in Critical Reading, Writing, Math
Saturday - SAT Subject Prep Classes in Biology, Chemistry, Physics, Math Level 1 and 2
Saturday - PSAT Prep Classes in English and Math

ALL CLASSES TAUGHT BY EXPERIENCED HIGH SCHOOL TEACHERS.

Our mathematics team placed first in the NYML competition 2011-2012 (www.themathleague.com)
We have an outstanding college acceptance record.
High school diploma program for students who are in middle or high school (includes study in English as a Second Language).
Pre-University program for students who have competed high school. English as a second language program for beginner, intermediate or advanced students.
No previous knowledge of English is necessary.

PROGRAMS

- Grade 6-12
- AP Classes
- ELS Classes

Help with college selection and application, SAT and TOEFL Support

Our New Address Please visit or call for more information

37-02 Main Street, Flushing, NY 11354, 135-22 37th Ave., Flushing, NY 11354
Phone: 718-359-8300, Fax: 718-359-1876 Website: www.windsorschool.com



The art of learning

► Want to speak a second language, up your golf game or get ahead at work? ► Author Tim Ferriss shows you how to learn and live better



GETTY IMAGES

Advice



DAN SCHAWBEL

PERSONALBRANDINGBLOG.COM

If you want to have a successful career, you have to become an expert in your field. The biggest challenge with establishing expertise is learning the right skills. I recently spoke to Tim Ferriss about the art of learning based on his research and experiences. Ferriss is a New York Times best-seller and dubbed "The Superman of Silicon Valley" by Wired. His latest book is "The 4-Hour Chef: The Simple Path to Cooking Like a Pro, Learning Anything, and Living the Good Life."

What are the common misconceptions of learning?

One of the bigger misconceptions of learning is that many skills take a lifetime to get world-class at, or 10,000 hours to become world-class at. If you want to be Tiger Woods at age 8, you're going to know you have the potential because you'll be drawing sketches of people hitting balls with different irons, which he was, instead of pirate ships. But, if you want to be the best in your circle of friends or in the top 5 percent in the U.S. population at golf, swimming, Spanish, Japanese, whatever it might be, I firmly believe that you can accomplish that in most cases in six months or less. To be functionally fluent in a language, for instance, you need about 1,200 words. If you really train someone well, they can acquire 200 to 300 words a day, which means that in a week they can acquire the vocabulary necessary to speak a language.

How do you become self-sufficient in your trade?

There was a lot I was doing in the digital world of computers but I didn't have the ability to



► Ferriss' new book on learning is "The 4-Hour Chef."

build things with my hands and I got really anxious. I felt like I had lost some really important part of my humanness. Food became a way of becoming self-sufficient with my hands to regain manual literacy, which I think has been lost on our generation and certainly younger generations. Very few people can actually make things with their hands and do things with their hands.

What are the most important career-related skills?

I would break it down to three things: time management, written communication and negotiation. I think those three skills determine much of success in the modern professional world.

— Dan Schawbel is a Gen Y career expert, the founder of Millennial Branding and the author of *Me 2.0*.

Career training that bridges the gap to your future

**CALL TODAY...
CLASSES FORMING NOW!**

**Court Reporting (CART & Closed Captioning)
Paralegal • Medical Office Specialist**

Call 1-212-962-0003 • nyci.edu

Day & Evening Classes • Degree & Certificate Programs



**NEW YORK
CAREER
INSTITUTE**

The College of Legal and Medical Professions.

11 Park Place, NYC (across from City Hall)

For more information about our graduation rates, the median debt of students who completed the program and other important information, please visit our website at www.nyci.edu

In the news

Most workers aren't living the dream

Do you currently work in the job you dreamed of having as a kid? If so, that puts you in the lucky minority.

LinkedIn surveyed more than 8,000 professionals worldwide and found that just 8.9 percent currently work in their childhood dream job, though another 21 percent say they at least work in a career that relates to their original dream job.

In the U.S. specifically, the breakdown is slightly worse: About 7 percent of those surveyed say they work in their actual dream job, and 21 percent say they work in a related career.

Nearly half of those surveyed who didn't end up with their



► Not surprisingly, astronaut cracked the top 10 childhood dream jobs.

dream job said it was because they became interested in a different career path as they got older. Another 16 percent said their dream job was either too difficult or too expensive to pursue.

Of the workers LinkedIn sur-

veyed in 15 countries — including Brazil, Australia, the U.S. and India — the most common childhood dream jobs fell in the creative and artistic category.

The single most popular childhood dream job wasn't astronauts or superheroes, but rather engineers with 7.7 percent of those surveyed worldwide listing it. The reason, according to LinkedIn, is that engineering is particularly popular in India.

SETH FIEGERMAN FOR

Mashable

The Social Media Guide

Top 10

Most common childhood dream jobs, based on the LinkedIn survey:

- 1. Engineer
- 2. Airplane or helicopter pilot
- 3. Doctor, nurse or EMT
- 4. Scientist
- 5. Teacher
- 6. Lawyer
- 7. Writer, journalist or novelist
- 8. Astronaut
- 9. Veterinarian
- 10. Professional or Olympic athlete; actor (tied)

City Tech's Green Advanced Manufacturing Collaborative The CareerPATH Program in Manufacturing

EARN COLLEGE CREDITS AND DEGREES

ALL EXPENSES PAID

NYC College of Technology (City Tech), CUNY's designated college of technology, offers stackable, credit-bearing industry-recognized credentials leading to associate degrees in Mechanical Engineering Technology and Industrial Design Technology. Wrap-around support services and job placement assistance are provided to program participants.

ARE YOU ELIGIBLE?

- 18 years old (preferably 24 or older)
- High School Diploma/GED or college credits
- US Citizenship or legally authorized to work in the US
- Displaced and incumbent workers, veterans and prospective college students
- Take the CUNY Assessment Test (CAT), demonstrate strong math skills, and ability/interest in the mechanical/technology fields.

TO RESERVE A SEAT IN OUR UPCOMING INFORMATION SESSIONS ON

Nov. 20th and Dec. 11th, CALL:

The CareerPATH Program Advisor

718- 552-1150

gamc@citytech.cuny.edu

www.citytech.cuny.edu/bitc/manufacturing



New York City College of Technology
Business & Industry Training Center
Dept. of Mechanical Engineering Technology & Industrial Design



This workforce solution was funded by a grant awarded by the U.S. Department of Labor's Employment and Training Administration. The solution was created by the grantee and does not necessarily reflect the official position of the U.S. Department of Labor. The Department of Labor makes no guarantees, warranties, or assurances of any kind, express or implied, with respect to such information, including any information on linked sites and including, but not limited to, accuracy of the information or its completeness, timeliness, usefulness, adequacy, continued availability or ownership.

myentertainment

THE WORD



Metro's **Dorothy Robinson** shares her take on the world of gossip [@dorothyatmetro](#) dorothy.robinson@metro.us

Rihanna 'Unapologetic' about her 'Cockiness'

KEVIN MAZUR/WIREIMAGE



► The after-party is a very important part of Rihanna's 777 tour. In Stockholm on Friday, she got behind the bar to pass out shots.

Rihanna opened her show in Paris on Saturday, just as she did in Stockholm on Friday, with "Cockiness" — which is a fitting kickoff song that seems like the perfect way to describe her attitude while promoting her new album "Unapologetic" (a title that's also in line with her current attitude).

The Paris gig at the beautiful Le Trianon theater was a short one — only about 45 minutes due to an early curfew. However, the after-show party at exclusive club VIP on Champs Elysees did not disappoint. When the singer arrived around 3 a.m., she was joined by an entourage that included **P Diddy**, **Pharrell Williams**, **Omarion** and **Akon**.

"We are here for Rihanna," P Diddy announced, "and she has a wish. Only hip-hop!"

The music changed instantly and the party got started.

Guitarist **Nuno Bettencourt** first made his name in the Boston rock group Extreme, but for the past three years he has been Rihanna's go-to guitarist. He says he enjoys playing the more intimate gigs on this tour.

"I definitely see another side of her onstage," he told me on the plane yesterday. "Tours tend to be overly choreographed. It's not just the dancing, but where you walk and

when to talk to the audience. Now I've seen her free to say exactly what she wants — even though it isn't completely fit for children's ears."

Only three concerts remain on Rihanna's 777 tour: Berlin, London and New York. Metro's Katarina Matsson has followed in the superstar's footsteps, on her jet, at the concerts and parties — one of the few reporters allowed on the plane.

Gomez and Bieber: Fighters, not lovers

Justin Bieber seems to be trying to patch things up with **Selenia Gomez** following their split — but it might be no use. After being spotted sneaking into the Four Seasons Hotel in Beverly Hills together Friday afternoon, the pair reportedly

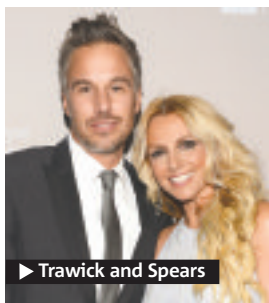
hit up Japanese restaurant Yamato in Encino, Calif. That outing, though, didn't go so well, according to *Us Weekly*. "They had just sat down and didn't order anything when they started to fight. Ten minutes later, they stormed out without speaking," a source says, adding that Bieber followed her to her home but

couldn't make it past her gated driveway. He reportedly started yelling her name over the fence and began "swearing and yelling and lost his temper" when he realized he was being photographed. But all is not apparently lost just yet, as Bieber's car was spotted still parked outside of Gomez's house the next day.

Talking points

Spears: The ultimate nag?

Trouble may be brewing between **Britney Spears** and fiancé **Jason Trawick**, according to *Us Weekly*. Sources say that Spears has become some-



► Trawick and Spears

thing of a nag and makes Trawick "check in with her" and it's driving him crazy. A source adds that Trawick will "put her on speakerphone so friends can hear her nagging." Spears' reps, though, say there's "no truth to" the story, calling it "fabricated."

Swift gives out relationship advice

With a number of failed romances under her belt, **Taylor Swift** might be the last person you'd want to listen to for relationship advice, but *Seventeen* magazine is letting her offer just that. Swift is serving as a guest advice columnist for the magazine's December issue. "People have to fall in love with you because they want to, not because you want them to," Swift writes.

Joe Simpson pleads out to DUIs

Joe Simpson had his day in court last week, pleading not guilty to two charges of driving under the influence stemming from his Aug. 4 arrest, according to *E! News*. Despite the plea, Simpson was sentenced to 36 months' probation and fined \$390 plus penalties.



The feed ...

► Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Whitney Cummings doesn't understand lingerie, Jason Alexander is stockpiling Hostess products, Lea Michele is starstruck and Garry Shandling thinks cheaters should call it a day.

@WhitneyCummings I think someone needs to tell the Victorias Secret fashion show about porn

@JasonAlexander I have filled the basement with Twinkies and Wonder Bread. They will probably outlive me. I am ready for the End Times now.

@msleamichele Ok so Ringo Starr just walked passed me at the recording studio and said hi to me. What?!?!?

@GarryShandling If you're head of the CIA and can't hide an extramarital affair it means it can't be done. Case closed, fellas.



Lea Michele

WHAT DO WE BUY?

RAPID CASH FOR GOLD PAYS TOP DOLLAR FOR ALL YOUR UNWANTED GOLD, SILVER, PLATINUM, DIAMONDS, COINS AND BULLION REGARDLESS OF CONDITION

DON'T MISS THIS EXCLUSIVE GOLD BUYING OPPORTUNITY, TO GET HUNDREDS... EVEN THOUSANDS FOR YOUR UNWANTED GOLD

BUYING 2 DAYS ONLY

TODAY MONDAY,
NOVEMBER 19,
11AM-6PM
TOMORROW TUESDAY,
NOVEMBER 20,
1AM-6PM

STARTS TODAY AT THESE
2 CONVENIENT LOCATIONS:
**THE HILTON NEW YORK
AND THE MARRIOTT
BROOKLYN BRIDGE**



GET INSTANT
CASH FOR
YOUR GOLD
FAST! FREE!
EASY!



**2 DAYS ONLY! STARTS TODAY & TOMORROW
AT THESE 2 CONVENIENT HOTEL LOCATIONS!**

TODAY MONDAY, NOV. 19TH: 11AM-6PM
TOMORROW TUESDAY, NOV. 20TH: 11AM-6PM

HILTON NEW YORK

1335 AVENUE OF THE AMERICAS,
NEW YORK, NEW YORK 10019
(6TH AVE. BETWEEN 53RD & 54TH)
GREEN ROOM - 4TH FLOOR

TODAY MONDAY, NOV. 19TH: 11AM-6PM
TOMORROW TUESDAY, NOV. 20TH: 11AM-6PM

MARRIOTT BROOKLYN BRIDGE

333 ADAMS ST., BROOKLYN NY 11201
(BETWEEN TILLARY & WILLOUGHBY ST.)
FULTON FERRY SUITE

WITH OVER **500
SHOWS A YEAR
& 6 PERMANENT
RETAIL STORES**
WE ARE THE MOST
ESTABLISHED
GOLD BUYERS IN
THE AREA

HURRICANE RELIEF!

UP TO

\$100

CASH BONUS

RECEIVE AN EXTRA
\$50 BONUS WHEN
WE PURCHASE \$250
OR MORE OF YOUR JEWELRY.

RECEIVE AN EXTRA
\$100 BONUS WHEN
WE PURCHASE \$500
OR MORE OF YOUR JEWELRY.



Gold Jewelry

PAYING UP TO \$5,000

WE BUY ANYTHING MADE OF
GOLD OR PLATINUM

**WE PURCHASE GOLD, SILVER,
PLATINUM AND DIAMOND JEWELRY
REGARDLESS OF CONDITION**

Sterling Jewelry

PAYING UP TO \$1,000

WE PURCHASE STERLING SILVER OF ALL
TYPES AND MAKES AT THE HIGHEST PRICES



Diamond Jewelry

PAYING UP TO \$55,000

WE NEED LARGER DIAMONDS!
2 CARATS & UP!

Sterling Flatware

PAYING UP TO \$5,000

WE BUY ALL TIME PERIODS,
KIND & TYPE



Gold & Silver Coins

PAYING UP TO \$10,000

YOUR COINS COULD BE WORTH UP TO
HUNDREDS — EVEN THOUSANDS!

Watches & Pocketwatches

PAYING UP TO \$15,000

ALL KINDS, TIME PERIODS & TYPE



FAST! FREE! EASY!

COURTEOUS & PROFESSIONAL

Our staff is courteous & professional and we strive as a
company to make your selling experience a pleasant one.

SATISFIED CUSTOMER TESTIMONIALS

Really like it here! Everyone
is very kind, great atmo-
sphere. I have been back
4 times!
— C. Pace

I have been here 2 times and
both times the people that
work here were very friendly.
I would definitely recom-
mend this to my friends!
— J. Grace

It was really fast!
— A. Davis
I heard about this store from
the radio and as soon as I
got the chance I came to

sell my unused jewelry.
It was a great & friendly
service and I will be back!
— J. Simek

**HURRY IN FOR THE HOLIDAYS! RECEIVE INSTANT
HOLIDAY CASH THIS SEASON BY SELLING ALL
YOUR UNWANTED GOLD & JEWELRY ITEMS!**

RAPID CASH FOR GOLD IS OFFICIALLY LICENSED, BONDED & INSURED



Fine Jewelry

PAYING UP TO \$15,000

We Need Your Jewelry Items!
Buying rare & collectible jewelry

**NO SALE TOO SMALL | INSTANT CASH | FREE ADMISSION | ONSITE SECURITY | NO APPT. NECESSARY | COURTEOUS & KNOWLEDGEABLE STAFF
OUR BUSINESS THRIVES FROM LOYAL, REPEAT CUSTOMERS AND THEIR REFERRALS!**

Black Friday & Saturday Specials

Canon

All Canon cameras include Canon U.S.A. 1-year limited warranty and registration card.

EOS DIGITAL REBEL T3

With Canon EF-S 18-55mm IS II Lens

- 12.2 Megapixel CMOS sensor
- DIGIC 4 Image Processor
- EOS HD Movie mode



Regular Price \$549.99
Less Instant Rebate \$100.00
FINAL PRICE \$449.99

EOS DIGITAL REBEL T4i

With Canon EF-S 18-55mm IS II Lens

- 18.0 Megapixel CMOS sensor
- DIGIC 5 Image Processor
- EOS HD Movie mode



Regular Price \$899.99
Less Instant Rebate \$100.00
FINAL PRICE \$799.99

PowerShot ELPH 110HS

- 16.0 Megapixel Image Sensor
- 5x Optical Zoom 24mm Wide-Angle lens with Optical Image Stabilizer
- 3.0-inch Pure Color System LCD



Available in black, silver, pink, blue, red, green

Regular Price \$229.99
Less Instant Rebate \$100.00
FINAL PRICE \$129.99

PowerShot S110

Available in black, white

- 12.1 Megapixel High-Sensitivity CMOS sensor
- 5x Optical Zoom with 24mm Wide-Angle lens
- Canon DIGIC 5 Image Processor



Regular Price \$449.99
Less Instant Rebate \$50.00
FINAL PRICE \$399.99

PowerShot G15

- 12.1 MP High-Sensitivity CMOS sensor
- 5x Optical Zoom with 28mm Wide-Angle Lens
- 1080p Full HD Video



Regular Price \$499.99
Less Instant Rebate \$50.00
FINAL PRICE \$449.99

PowerShot SX50 HS

- 12.1 MP High-Sensitivity CMOS sensor
- 50x Optical Zoom (24-1200mm) and 24mm Wide-Angle lens
- DIGIC 5 Image Processor



Regular Price \$479.99
Less Instant Rebate \$30.00
FINAL PRICE \$449.99

OLYMPUS

2012 Olympus Imaging America Inc. All rights reserved.

Only 8 Cameras Available!

VR-340

- 16.0 Megapixel
- 10X Ultra Wide-Angle Zoom Lens (24-240mm Equivalent)
- 3.0-Inch LCD
- Dual Image Stabilization
- 720p HD Movie



Regular Price \$149.99
Less Instant Rebate \$ 70.00
Final Cost \$79.99 Valid 11/19 Thru 11/26

TG-320

- 14.0 Megapixel
- Dual Image Stabilization
- 3.6X Wide-Angle Optical Zoom
- Waterproof (10ft), Shockproof (5ft), Freezeproof (14°F/-10°C), Dustproof



Regular Price \$159.99
Less Instant Rebate \$ 30.00
Final Cost \$129.99 Valid 11/19 Thru 11/24

TG-610

- 14.0 Megapixel
- 3-Inch LCD
- Waterproof (16ft.) Shockproof (5ft.) Freezeproof (14°F/-10°C)
- 5X Wide-Angle Optical Zoom



Only \$179.99
Original Price \$349.99

Black Friday Only!

TG-820 iHS

- iHS Technology
- 12 Megapixel BSI CMOS
- 3.0" 1030K Dot Hypercrystal™ III LCD
- Waterproof (33ft) Shockproof (6.6ft) Freezeproof (14°F/-10°C)



Regular Price \$279.99
Less Instant Rebate \$ 80.00
Final Cost \$199.99 Valid 11/18 Thru 11/24

SP-820

- 14.0 Megapixel CMOS Sensor
- 40x optical zoom
- 3.0" Wide LCD
- 1080p Full HD Video



Regular Price \$329.99
Less Instant Rebate \$ 30.00
Final Cost \$299.99 Valid 11/19 Thru 11/24

TG-1 iHS

- 12.0 Megapixel backlit CMOS Sensor
- F2.0 High-Speed Lens
- Waterproof to 40ft, Shockproof To 6.6ft, Crushproof to 220lbs., Freezeproof to 14ft, Dustproof



Regular Price \$399.99
Less Instant Rebate \$ 50.00
Final Cost \$349.99 Valid 11/18 Thru 11/24

Save on the fisheye & telephoto converters too!

E-PM-2 W/14-42

- 16 MP Digital Camera
- 8fps SEQ Shooting
- Live Guide Ease-Of-Use
- 1080i Full HD Video



Free Toshiba 8GB flash air memory card!
(Through mail-in claim)
\$599.99

E-PL-5 W/14-42

- 16 MP Digital Camera
- 8fps SEQ Shooting
- 3.0" Flip Portrait LCD
- 1080i Full HD Video



Regular Price \$699.99
Less Instant Rebate \$100.00
Final Cost \$599.99 Valid 11/23 Thru 11/26
Free Toshiba 8GB flash air memory card!
(Through mail-in claim)

SP-620

Available in black, silver

- 16.0 Megapixel
- 21x long zoom camera
- 3.0-Inch LCD



Regular Price \$199.99
Less Instant Rebate \$100.00
Final Cost \$99.99

Digital Print Specials From Any Digital File

4x6 - 9¢ 8x10 - 25¢
5x7 - 12¢ 8x12 - 30¢

[pro]master
Only \$79.99
MSRP \$250.00



QL 250 Light Kit

Includes:
250 Watt Quartz Light
33" White Umbrella
Light Stand

Only 6 Available!

All Books & Videos 40% off

All Lighting
Accessories, Umbrellas
Reflectors, Difusers

40% off

All Special Effect Filters
Neutral Density
Cross Screen
Polarizing

40% off

We print photos from smart phones and tablets

Nikon 1 J1

with 1 NIKKOR VR 10mm-30mm Zoom Lens

Was \$599.95
NOW! \$399.95

AFTER \$200 Instant Savings

NEW LOW PRICE!



BONUS FREE JOBY GORILLAPOD

D3200

24.2 MEGAPIXELS
OUTFIT INCLUDES 18-55mm VR NIKKOR® LENS, CAMERA CASE AND DVD

\$599.95
After \$100 Instant Savings*



Outfit Includes...
Camera Case and DVD
\$70 VALUE!

Nikon Authorized Dealer

* Instant Savings valid November 18 through November 24, 2012.

† For limitations regarding waterproof, freezeproof and shockproof attributes, go to <http://nikonusa.com/AW100info>.

All Nikon products include Nikon Inc. USA limited warranty. ©2012 Nikon Inc.

New! COOLPIX S6300

10x Wide Optical Zoom

\$129.95

After \$70 Instant Savings*

BONUS FREE MINITRIPPOD & CLEANING KIT



COOLPIX AW100

5x Wide Optical Zoom

\$279.95

After \$70 Instant Savings*

FREE FLOAT STRAP



WATERPROOF, SHOCKPROOF, FREEZEPROOF,†



At the heart of the image

FAMOUS BRAND LED LIGHTS Perfect for Videos

LED 9

MSRP \$35.00
Only \$9.99



LED 120

MSRP \$150.00
Only \$49.99



LED 120 Plus Rechargeable

MSRP \$200.00
Only \$79.99

All Picture Frames
in Stock
50% off



All Photo Albums
in Stock
50% off

Binoculars

MINOX

Your Choice Only \$99.99
Values to \$299.00



Minox
BF 8x42 BR
BF 10x42 BR



Vortex
Crossfire 8x42
Crossfire 10x42



Zeiss Rifle Scope 3.5-10x44

- Field of View (100 yds.): 35.1 / 11.70 ft.
- Eyepiece: 3.5 in.
- Exit Pupil: 12.57-4.4 mm



#20 Reticle
Only \$499.99
Regular Price \$729.99

EXPERT CAMERA REPAIRS

FREE Estimates on All Repairs

PASSPORT

n all
plets.

0



n®

page™

SONY

DSC-WX150 Available in black, blue, red, silver

- 18.2 Megapixels Exmor® R CMOS sensor
- 10x optical zoom
- 20x Clear Image digital zoom
- Full HD 1080/60i AVCHD™ video capture



Regular Price \$229.99
Less Instant Rebate \$60.00
FINAL PRICE \$169.99

DSCHX20 Available in black

- 18.2MP Exmor® R CMOS sensor
- Optical zoom plus Clear image zoom
- GPS and Compass
- Full HD 1080/60i



Regular Price \$379.99
Less Instant Rebate \$90.00
FINAL PRICE \$289.99

DSCHX200 Available in black

- 18.2 Megapixel Back-illuminated Exmor® R CMOS Image Sensor
- Capture the decisive moment with up to 10fps
- Full HD 1080/60i video capture



Regular Price \$479.99
Less Instant Rebate \$90.00
FINAL PRICE \$389.99

NEX-5R Kit includes 18-55mm Lens

- 16.1 Megapixel resolution
- Sweep Panorama
- Tiltable LCD
- Auto HDR
- 1080/60p or 24p HD movies



Regular Price \$749.99
Less Instant Rebate \$100.00
FINAL PRICE \$649.99

We Honor All Competitors Canon and Nikon Flyers

All Gary Fong Products 15% OFF

All Surfire Flashlights 30% OFF MSRP



Digital Print Center

575 Lexington Ave.
New York City, NY 10022
(between 51st and 52nd Streets)
212-753-5128
www.cameralandny.com

Mon-Fri, 8a-6:30p
Sat, 9a-5:30p

Open Sundays in
December 4, 11, 18
10:00a-5:00p

Vectra Full Size Tripod



Only \$9.99
Original Price \$39.99



Monopod #1100
Only \$9.99
Original Price \$29.99

PENTAX

X-5

- 16MP 'Bridge' Digital Camera
- 26x Megazoom Lens, 22.3-580mm Equivalent
- Full HD 1080p Widescreen Video



Only \$219.99
Original Price \$279.99

8 Available 11/23 Only



Famous Make Carbon Fiber Tripod # C423W
MSRP \$250.00
Only \$99.99

30% off All Holiday Card Orders

Every Tripod In Stock 20%-50% Off
Manfrotto - Joby - Gitzo - Promaster

Every Bag In Stock 30%-50% Off
Lowepro - Tamrac - Tenba - Promaster
11/19 through 11/26



Vortex Nomad Spotting Scope

Your choice of Straight or Angled

Only \$229.99
Reduced From \$339.99



Leica Pinmaster Golf Laser Range finder

Only \$349.99
Reduced From \$599.00



Vortex Binocular Harness Strap
Free Binocular Harness Strap With Any New Binocular Purchase Over \$200



Magellan EXWP 1 8x42

- High-index Bak-4 prisms for bright, crisp images
- Fully multi-coated lenses
- Long Eye-Relief with Twist Up/Down Eyecups



5 Available
Only \$179.99
Regular Price \$279.99

PHOTOS While-U-Wait | **WE DEVELOP FILM** | **We Print from Negatives**



BUY 1 WINDOW GET 1 WINDOW

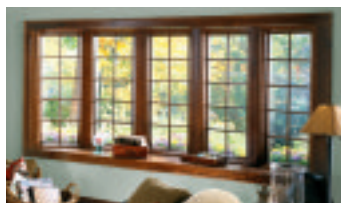
50% OFF¹



FIRST TIME EVER OFFER!

In order to help local homeowners make their homes safer and stronger, we are offering this discount now—when so many people need it. Buy one window—ANY SIZE—and your next window is 50% off!

- › **EVERY** double hung window
- › **EVERY** casement window
- › **EVERY** gliding window
- › **EVERY** specialty window



CALL BEFORE DEC. 23rd

BUY 1 WINDOW GET 1 WINDOW 50% OFF¹

WITH

\$0 MONEY DOWN | 0 PAYMENTS | 0% INTEREST FOR 1 YEAR¹

with our Instant Product Rewards.

**Renewal
by Andersen**
WINDOW REPLACEMENT an Andersen Company



CALL FOR YOUR FREE WINDOW DIAGNOSIS
800-357-3815
OurEnergySavingWindows.com

The entire world is not impressed

1: In honor of this instant meme — **U.S. President Barack Obama** jokingly mimicking U.S. Olympic gymnast **McKayla Maroney's** famed “not impressed” expression which hit the Internet over the weekend — we’re saluting other stars who refuse to be impressed just because the camera is trained on them:

2: **Dave Grohl** of Foo Fighters is not impressed with **Elvis Costello** hanging on his back at the 54th Annual Grammy Awards at on Feb. 12 in Los Angeles.

3: What is **Blanket Jackson** not

impressed by? We’re guessing either his lack of a haircut or his name.

4: **Jennifer Lawrence** is not impressed by being on the “El Hormiguero” TV show at Vertice 360 Studio on April 19 in Madrid.

5: **Benicio Del Toro** is not impressed to still be promoting “Savages.” This is from yet another red carpet in Australia in October.

6: **Queen Elizabeth II:** Not impressed being onboard the Royal Barge during the Diamond Jubilee Thames River Pageant on June 3, 2012 in London.

1: PETE SOUZA/THE WHITE HOUSE VIA GETTY IMAGES
2: RICK DIAMOND/WIREIMAGE
3, 6: GETTY IMAGES
4: JUAN NAHARRO GIMENEZ/WIREIMAGE
5: DON ARNOLD/WIREIMAGE



Restrictions and conditions apply; see your local representative for details. Cannot be combined with prior purchases, other offers, or coupons. No adjustments to previous orders. Offer not available in all areas. 50% discount applied by retailer representative at time of contract execution and applies to minimum purchase of 6 or more windows. Discount applied to lowest priced window products in purchase. Offer does not include bay/bow windows or patio doors. As part of the Instant Product Rewards Plan, all homeowners must be present and must purchase during the initial visit to qualify. 0% APR for 12 months available to well-qualified buyers on approved credit by only. Not all customers may qualify. Higher rates apply for customer with lower credit ratings. Financing not valid with other offers or prior purchases. No Finance Charges will be assessed if promo balance is paid in full in 12 months. Renewal by Andersen retailers are independently owned and operated retailers, and are neither brokers nor lenders. Any finance terms advertised are estimates only and all financing is provided by third-party lenders unaffiliated with Renewal by Andersen retailers, under terms and conditions arranged directly between the customer and such lender, all subject to credit requirements. Renewal by Andersen retailers do not assist with, counsel or negotiate financing, other than providing customers an introduction to lenders interested in financing. NJ Consumer Affairs License #: 13HV01541700. NYC Consumer Affairs License #: 1244514. Nassau Consumer Affairs License #: H081015000. Suffolk Consumer Affairs License #: 439911-H. NYC 1307704. Renewal by Andersen of Central/Northern NJ and Long Island are independently owned and operated affiliates operating in the NJ/NY metropolitan area. “Renewal by Andersen” and all other marks where denoted are marks of Andersen Corporation. ©2012 Andersen Corporation. All rights reserved. ©2012 Lead Surge, LLC. All rights reserved.

Tricky 'Liz & Dick'

► The Lifetime Original Movie is getting a ton of attention — but maybe not the best kind ► Grant Bowler, who portrays icon Richard Burton, can talk more about his role than he can about his co-star

► Lindsay Lohan stars as Elizabeth Taylor and Grant Bowler as Richard Burton in the Lifetime Original Movie, "Liz & Dick."

Look: You can't interview Grant Bowler, the star of the much-publicized Lifetime Original Movie "Liz and Dick," without asking him about his infamous co-star, Lindsay Lohan.

Well, you can ask — but he won't really answer.

"I speak for myself," he says when asked what it was like to work with Lohan. "Oh, you know. [Heavy sigh] I don't know. It's, well, you know."

No, we don't. Care to elaborate? What about all the attention the film is receiving due to it featuring Lohan's first starring role in five years?

"Yeah, I think at the moment, with the film coming out

Quoted

"If you're an actor and you play a famous tennis player, you're not going to be compared to them — no one assumes you can play tennis."

BOWLER

... rah, rah, rah," he says, trailing off to dead silence.

Rah, rah, rah, indeed. Luckily, Bowler — who tackles the daunting challenge of portraying famed actor Richard Burton and his tumultuous, iconic love affair with screen siren Elizabeth Taylor — was much more eloquent in talking about his role.

"There are so many downsides to playing a famous actor," he says. "If you're an actor and you play a famous tennis player, you're not going to be compared to them — no one assumes you can play tennis. To play an actor is a treacherous thing to take on. I was con-

Tune in

► "Liz & Dick" premieres Sunday at 9 p.m. on Lifetime.

cerned about that, and very determined about not doing a poor job representing him. He was a personal icon of mine."

Bowler says he was able to take on Burton "bit by bit." "I bit him off in chunks," he says. "We covered so much time — 30 years — so I kind of started with the major turning points in their relationship. I looked at archival footage of him being

interviewed and watched a lot of movies. But nothing was as informative than him being interviewed and watching them being interviewed together."

OK, but back to Lohan — really this time.

"When you tell any story, you want as many people to listen as possible," he tastefully acquiesces about the amount of publicity given to "Liz & Dick" — even though it might not be the best kind of attention. "It's very, very hard telling a story to an empty room."

 **DOROTHY ROBINSON**
dorothy.robinson@metro.us

TV watch list



► "The Layover"

'The Layover'

REALITY. Outspoken chef Anthony Bourdain's final commitment to the Travel Channel ("No Reservations" has already wrapped, and his new CNN series is in the works) comes right after he blew up at network executives for making it appear as if the host were endorsing Cadillac in his show. As the final season of his other Travel Channel show, the travel highlights series "The Layover," kicks off in Chicago, it's safe to say he's probably no longer getting that engraved gold watch. **Season premiere, 9 p.m., Travel Channel**

'Marrying The Game'

REALITY. Schoolteacher Tiffney Cambridge plans her dream wedding to the father of her two children, Jayceon Taylor — aka the rapper The Game. See how quickly that went from a run-of-the-mill episode of TLC's "A Wedding Story" to a VH1 series? **Series premiere, 9:30 p.m., VH1**

'I Love the 1880s'

COMEDY. Without a single Madonna reference in sight, this '80s look-back *really* looks back, retracing some of the most pivotal moments in American history through the eyes of modern-day talking head comedians. **11 p.m., History Channel**

► **AMBER RAY**

Mom can be home.

Healthfirst's managed long term care options.

Call for details 1-855-551-4369

7 days a week, 8am-8pm

 **healthfirst**SM

'Twilight' send-off starts with huge \$341 million worldwide

Box office

The "Twilight" vampire saga's final chapter debuted with a massive \$341 million in global movie ticket sales as devoted fans bid farewell to blood-sucking spouses Bella and Edward and one of Hollywood's biggest franchises.

"The Twilight Saga: Breaking Dawn - Part 2" earned an estimated \$141 million in the

United States and Canada over the weekend, falling slightly short of a record for the supernatural romance series about a human-vampire-werewolf love triangle.

The total, which includes sales from late night Thursday through Sunday, ranked as the eighth biggest domestic film debut of all time.

The "Twilight" excitement eclipsed all other movies over the weekend. Last week's winner, James Bond movie "Skyfall," finished in second place,

with \$41.5 million at North American theaters.

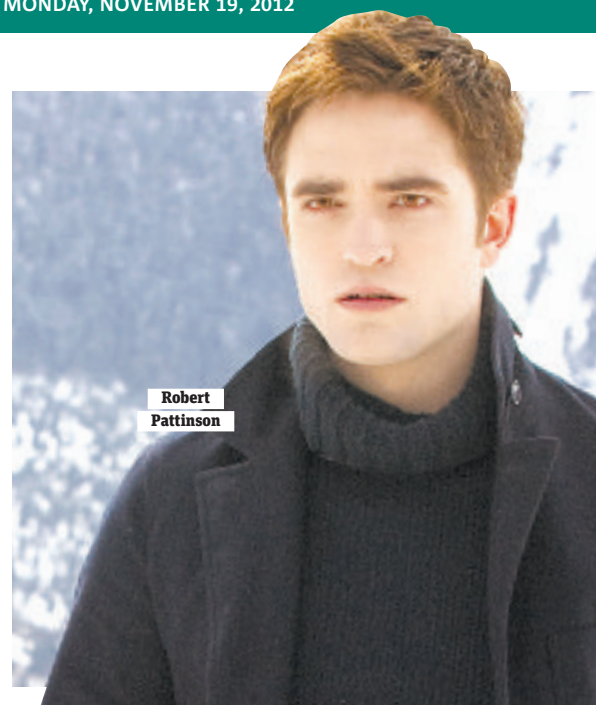
"Skyfall" is now the highest-grossing Bond movie to date, with a global total of more than \$669 million, surpassing the \$599 million taken in by "Casino Royale" in 2006.

"Skyfall" also propelled distributor Sony Pictures Entertainment to a record year, pushing its worldwide box office total over the \$4 billion mark.

Historical drama "Lincoln" expanded from a limited open-

ing a week ago and landed in third place, with \$21 million. The movie stars Daniel Day-Lewis as the 16th president near the end of his life as he battles to ban slavery and end the Civil War.

In fourth place, Walt Disney Co. animated movie "Wreck-It Ralph," about a video-game character who destroys everything in his path, pulled in \$18.3 million. Denzel Washington drama "Flight" earned \$8.6 million and the No. 5 spot. **REUTERS**



Robert
Pattinson

DENTAL CENTER
IN THE
CHRYSLER BUILDING
42ND AND LEXINGTON

**End of the year
Invisalign Special!**

Full treatment as low as **\$99 a month.****
Call to schedule a complimentary consultation.
**Subject to approval.

www.kakosiandental.com

888-711-0267

*Grand
Opening*

NEW OFFICE
204 East 35th St Bet 2nd & 3rd



ACCIDENT?

CAR ACCIDENTS • MEDICAL MALPRACTICE • SLIP, TRIP & FALL ACCIDENTS
CONSTRUCTION ACCIDENTS • WORKERS' COMPENSATION • LEAD PAINT POISONING

• **ALL OTHER ACCIDENTS** •

FREE CONSULTATION

NO FEE UNLESS WE RECOVER MONEY FOR YOU

HOME & HOSPITAL VISITS

RORY M. SHECTMAN, ESQ.
445 PARK AVENUE, 9TH FLOOR, NY, NY 10022 **(212) 889-2808**

RUSH
PASSPORTS & VISAS

- Passport Renewals original/photos
- All Visas - All Consulates
- DMV License Plates

10% Discount with this Ad

IT'S EASY INC

30 Rockefeller Plaza, N.Y. Concourse level - A licensed private service bureau. Pick-up and delivery available
itseasyservices.com

877-33-ITS EASY
CALL TODAY

24 Hour Service Available

NEVER SHAVE AGAIN
LASER HAIR REMOVAL SPECIALS!

- Lip, Chin, Or Underarms \$50
- Upper Arms or Lower Leg \$99
- Brazilian Or Bikini \$99
- Full Face w/ Neck \$150
- Full Leg Or Full Arms \$150
- Back Or Chest \$149
- Full Body \$499

Eye brow, Underarm, and Bikini Wax \$45
(reg \$125)

TREATMENTS 2 FOR \$99 (reg \$285)

- Deep Pore Cleansing Facial
- Microdermabrasion
- 1-Hour Aromatherapy Massage
- Slimming & Detoxifying Body Wrap
- LPG Cellulite Reduction

"Best ways to lose weight!"
www.perfectbodyforlife.com

Vina's
Day Spa & Laser Center
IN BUSINESS OVER 25 YEARS

5 West 35th St
www.ninasskincare.com
212-594-9610

NEW CUSTOMERS ONLY




Trying to Fit into That Little Black Dress?

NON-SURGICAL FAT REMOVAL WITHOUT LIPOSUCTION!



BEFORE



AFTER

- TOP MD BOARD CERTIFIED INTERNIST-ADMINISTERED WEIGHT LOSS PROGRAM
- 6 WEEK OR 12 WEEK PROGRAMS TAILORED FOR YOU
- 1 HOUR NON-SURGICAL FAT REMOVAL IS ALSO AVAILABLE
- FAST, HEALTHY, PERSONALIZED AND SAFE WEIGHT LOSS
- WE USE LATEST TECHNOLOGY WITH NEW BODY COMPOSITION ANALYSIS (BCA)

~ ACCELERATED PLANS AVAILABLE ~ PACKAGE PRICES AVAILABLE!

***SCHEDULE YOUR \$35 CONSULTATION**
TODAY TO FIND OUT HOW MUCH
WEIGHT YOU CAN LOSE IN 6 WEEKS

MANHATTAN MEDICAL
WEIGHT LOSS PHYSICIAN

110 EAST 40TH ST., SUITE 606 NEW YORK, NY 10016

(212) 490-7700

MANHATTANMEDICALWEIGHTLOSSPHYSICIAN.COM

Taylor Lautner reflects on the end of 'Twilight'

► Ab-tastic actor behind everyone's favorite shape-shifter talks about saying goodbye to the franchise that made him internationally famous

Would he do more?

"Stephenie's so smart that I would absolutely have to look at it and consider it," he says of author Stephenie Meyer. "Everything Stephenie touches turns to gold, and she's a very smart woman."

The worst part of fame

"I haven't been to a mall in a while and I haven't been to a theme park in a while, but I figure out how to get into movie theaters," he says. "I do [wear a disguise], but they don't work at all for some reason and I don't know why. I think I literally just have to put prosthetics

His next project

"I optioned an article about a year and a half ago, and I teamed up with Bryan Singer," he says. "I probably can't talk about it, but it's the same [project] that was with Gus Van Sant [last year]. It's a true story, it's based off real characters and real lives, so it took a lot of research before we could start writing the script, but now the script has just started to be written."

on because literally I put a baseball hat on, glasses, pull the hat down, I look in the mirror and I'm like, 'All right, you are set. You don't look anything like yourself.' And the second I step outside, it's almost like I'm wearing nothing."

The best part of 'Twilight' ending

"I will not be sad to not have to take my shirt off again," Lautner says. For his potential future projects, "You've got to look at: Does it make sense that the character doesn't have a shirt in this scene? Or is it just nonsense, like, 'Oh I'm starting

to get warm right now, let me take my shirt off.'"

Summing it all up

Lautner started the "Twilight" franchise when he was 15 years old. "It's amazing how much a 15-year-old to a 20-year-old grows up and matures just regularly. Going through this, it definitely was at an accelerated rate," he says. "[The scrutiny] definitely added to it. It was the part of it that we never predicted."



NED EHRBAR

METRO WORLD NEWS IN LOS ANGELES



► We'll miss your runs with the wolf pack, Taylor.

LOOSE DENTURES? MISSING TEETH?

**IN ONE SHORT PROCEDURE YOU CAN HAVE
STABLE DENTURES AND A GREAT SMILE**

With innovative and
economical mini dental implants
you get immediate results.

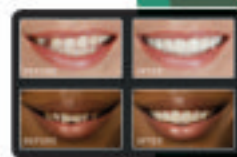
Enjoy your favorite foods right away.

**FREE CONSULTATION
1-800-634-1945**

Queens, Jackson Heights
www.a-dentist.com



**COME WHERE HOLLYWOOD GOES;
THE IVY LEAGUE OF DENTISTS**
Get your **SNAP-ON** smile from the inventor



Snap-On Smile is excellent for:

- Missing teeth
 - Gaps, crooked or strained teeth
 - Those who are not candidates for bridges or implants
 - Those who would like a Hollywood smile without the expense and discomfort of complex and invasive dental procedures
 - Anyone who has an old-fashioned removable partial denture and wants a beautiful, more comfortable alternative
- Also EXPERTS in...
- General Dentistry • Endodontics • Dental Implants
 - Periodontics • Invisalign

FREE CONSULTATION
and Preview of your Hollywood Smile (valued at \$250)

Flex Spending Accepted • Most Insurances Accepted

In the heart of Lincoln Center • 1995 Broadway, suite 200

212 95 smile • www.manhattandentalarts.com
(76453)

Low Back Pain?

Do you experience:

- ☐ Back pain when you bend down?
- ☐ Back pain upon standing, sitting, or walking too long?
- ☐ Back muscle strain or spasms?

If you have been suffering from lower back pain for 3 months or more, and are 18 years of age or older, you may be eligible to participate in a study of a new medication for Lower Back Pain. Qualified participants may receive study-related medical evaluations with our Board Certified Physician, study medication for the pain, and visits to our private center, at no cost. Please call for more information.

(212) 595-5012

The Medical Research Network, L.L.C.

134 E. 93rd St., New York, NY 10128 • www.MedicalResearchNetwork.com LBP 02-01



QUALITY DENTURES THE SAME DAY

NY's Place for same day dentures for over 35 years



NEW PATIENT PACKAGE

MAINTENANCE \$89
CLEANING
DIGITAL X-RAYS

With this ad only. One per patient.
First visit only. Coupon expires 11-30-12

NEW PATIENTS ONLY

ONE DENTURE RELINE \$194

With this ad only. One per patient.
First visit only. Coupon expires 11-30-12

DENTURE REPAIRS AND RELINES WHILE-U-WAIT! FREE CONSULTATION

You Can't Afford to go Anywhere Else!

MOST INSURANCE PLANS & NY STATE MEDICAID WELCOME
Senior Cit. Discounts on new dentures and crowns
Full Service State-of-the-Art Cosmetic Dentistry

224 West 35th St., New York, NY 16th Floor (between 7th and 8th Avenues)



CALL NOW!
212-689-0024

www.denturecenter.com



GOT AN OPINION?
WRITE TO US AT
LETTERS@METRO.US

ESSENTIAL
Skin Care

www.essential-skin.com

Specializing in **Problem Skin**
Licensed Professionals
Introductory Offers!

NEW LOCATION

247 E. 50th St. 2 Fl NYC Tel: 212-588-8866

Trains: 6 to Lexington Ave. 456 NQR to 59th Street



207 E. 14th St. NYC Tel: 212-253-9693

Trains: 456 NQR to 14th St. Union Sqr or 1 to 3rd Ave.

"Body Massage + Facial \$99 - Eyebrow / Eyeliner Tinting \$25 - Ear Candeling \$50"

Diamond Microdermabrasion Only \$50
for acne scars, sun damage skin, fine lines, wrinkles, discoloration, blackheads.

Botinal Wrinkle Treatment Reg \$160 **\$125**
formulated with "Botox® - Like" effect without injection. Effectively reduces the appearance of wrinkles and crow's feet after only one treatment.

Herbal Mini Peel \$145

Experience the power of herbal skin rejuvenation in just one hour. It will improve lines and wrinkles, increase stimulation of collagen production and promotes a firmer skin while it also minimize scars and dark spots.

Acne Treatment w/Glycolic Acid Peel Only \$45
For oily and blemish skin with excessive blackheads/whiteheads, acne scars and discoloration.

Deep Cleansing Facial Reg \$75 **\$40**
Deep cleans and refreshes all skin types.

Back/Chest Deep Pore Cleansing: \$75/\$35

Back/Chest Glycolic Peel Only: \$55/\$30

Body Slimming Wrap or Salt Glow Special \$50
Sea salt scrub to exfoliate and polish or herbal slimming wrap to move toxins and promote inch loss.

Searching for **answers** to life?
SCIENTOLOGY
KNOW YOURSELF. KNOW LIFE.

COME IN TODAY • EVERYONE WELCOME
CHURCH OF SCIENTOLOGY NEW YORK

Open 9am-10pm 7 days a week

227 West 46th Street • (212) 921-1210

www.scientology-newyork.org

© 2012 CSL. All Rights Reserved. Scientology is a trademark and service mark owned by Religious Technology Center and is used with its permission.

The mentalist

► Bradley Cooper stars in "Silver Linings Playbook," in theaters now.

► Bradley Cooper goes inside the mind of a bipolar man in 'Silver Linings Playbook' ► What alleviated his fears about taking the role mostly had to do with Mr. De Niro

Some of the fear that Bradley Cooper had about joining the cast of David O. Russell's "Silver Linings Playbook" — in which we plays a man trying to put his life back together after a stint in a mental hospital — was alleviated when he found out that he'd be playing Robert De Niro's son.

"We had done a movie together prior, and he really did champion me to get the role," the actor says. "I knew I could say the word 'dad' and look at him and that would come from a real place."

Jumping into the shoes of his character, Pat Solitano, wasn't too far a leap for Cooper, who grew up in the suburbs of Philadelphia, where the movie takes place. He credits the house they shot in as being "very much a part of that magic

"Everything smelled and looked and felt real because it is how I grew up. So I was very lucky in that I had 37 years of preparation for that role."

COOPER, ON FILMING IN THE SUBURBS OF PHILADELPHIA

that occurred" — a crew member cooked in the kitchen so the whole house smelled of suburban life — and his own experiences being Italian-Irish.

"It really helped that I come from a very similar background [as Pat]," he says. "Everything smelled and looked and felt real because it is how I grew up. So I was very lucky in that I had 37 years of preparation for that

role."

But what did take some real preparation was getting into the mind of his character, who is bipolar. After Russell sent him some documentary footage, the two explored how to approach the character.

"There's not, like, a general wash of bipolarity that one can play," Cooper says. "It's very specific to this guy. These traumatic events trigger something in him that puts him in a manic state. Just finding all of those moments and then being able to insert that into the scenes and modulate it so that it's not overbearing ... we were very conscious of making him palatable while at the same [time] not negating the integrity of the character."



MEREDITH ENGEL
meredith.engel@metro.us

All the right moves

Cooper also had to prepare for some extensive dancing scenes with co-star Jennifer Lawrence, whom he did not know prior to their making the film.

"It's a hell of a way to meet somebody," he says. "The first time I met her was at a small studio space; next thing you know we're sweating and she has her hands under my armpits and it's very embarrassing."

Performing to moves choreographed by Mandy

Moore, Cooper says he enjoyed the process — although there was one aspect he wasn't too pleased with.

"I like to dance, so it was fun, but I feel bad — Bob [De Niro] and Chris [Tucker] had to sit and watch us dance for three days, for 16 hours."

'Annie' fails to hit an honest note

► Sure, you'll hum along to the beloved songs ► But little else is memorable, as this show won't take risks

If you want to see "Annie," go see "Annie." The production at Palace Theatre, directed by James Lapine, is exactly what you're expecting — no more and no less.

What's primarily lacking is the choreography by Andy Blankenbuehler. There are several numbers begging for blowout dance sequences that simply fall short: "Hard Knock Life" and "I Think I'm Gonna Like It Here," for starters; from then on, you have a sinking feeling that it's just not going to get grander. Surely you were

envisioning a row of dapper, acrobatic butlers or adorable orphans twirling kid-size brooms? Instead, it's a sophomore array of stomping, swinging arms and broad gestures. Is anyone onstage a trained dancer? It's impossible to guess.

The acting upholds the exact personas you would predict: the gruff Daddy Warbucks (Anthony Warlow), the boozy Miss Hannigan (Katie Finneran). No one is inspiring (tiny orphan Molly, played by Emily Rosenfeld, comes close-

est), though no one is bad (Regina St. Regis, ditzed up by J. Elaine Marcos, is the biggest complaint). There's always Sandy, the trained dog, to reel your attention back like a rodeo clown diverting you from the bull.

But you wanted to see "Annie," and it's "Annie." It's true that half the crowd walked out happily singing the signature songs — but then again, that's also how they walked in.



T. MICHELLE MURPHY
tmichelle.murphy@metro.us



► Annie (Lilla Crawford) and her dog Sandy (Sunny) star in "Annie" at the Palace Theatre.

If you go

► **'Annie The Musical'**
Now playing
Palace Theatre
1564 Broadway
\$68-\$128, 877-250-2929
www.anniethemusical.com

Optimism just isn't enough

The biggest issue with this "Annie" is that it fails to strike an honest note. There is no way for the modern au-

dience to get an emotional foothold. Not outstanding enough to be considered escapist, it's not dark enough to ring true for today's times. Orphans become billionaires, criminals get their comeuppance and the

country is saved from hard times by sheer optimism. Annie (Lilla Crawford) herself, while inarguably talented, really underscores the issue — she's just so ineffably sunny it seems like the grounded Grace Farrell (Brynn

O'Malley) might consider taking her to a physician about it. The grave issues at hand — like, oh, the Depression — skirt around in the background during scene transitions, like the impoverished vendors carrying back-

breaking loads while the elite heroes of the play glide by singing in their new coats. That's not hopeful, it's disturbing. If only this production were brave enough to make this juxtaposition a central theme.

Madame Tussauds
NEW YORK

New Figure! Taylor Lautner

\$10 OFF Per Ticket*

TIMES SQUARE • 234 West 42nd St between 7th & 8th Ave
1.866.841.3505 • www.NYCWAX.com • Open 365 days at 10 AM

MARVEL SUPER HEROES 4D
4D FILM AND INTERACTIVE EXPERIENCE

*Present this at the time of purchase and receive \$10 OFF per All Access Pass. Discount is not valid for advance ticket purchases and cannot be combined with other offers. Valid up to 8 guests. Copies not accepted. The images shown depict wax figures created and owned by Madame Tussauds. All figures appear in wax. Madame Tussauds reserves the right to remove and/or change figures in the attraction. On occasion, Madame Tussauds may close for special events, please call ahead for updates. TM and © 2012 Marvel and Subs. www.marvel.com CODE 63. EXP. 12/15/12.

mywellbeing

B STOCK



► "Cheers to health, happiness and not hating each other!"

No Insurance Necessary

KIM SCHNEIDERMAN, MSW, LCSW

WWW.NOVEL-PERSPECTIVE.COM

Your question recalls the famous line from Leo Tolstoy's "Anna Karenina": "Happy families are all alike; every unhappy family is unhappy in its own way." For family members in the latter category, and those somewhere in between, the most thankful aspect of Thanksgiving can be the moment they leave the table.

But it doesn't have to be that way. While you can't control your family, you can change your attitude. My suggestion: redeem the "thanks" in Thanksgiving by turning the holiday into a gratitude practice.

As touted by Oprah, a gratitude practice is akin to counting one's blessings. While passing the turkey, observe all the things you might otherwise take for granted: an abundance of food, a heated

Using Thanksgiving as a gratitude practice

The question:

► How can my family enjoy Thanksgiving without everyone getting at each other's throats?

home, a day off from work and relatives who care enough to invite you, or come, to dinner. If anything, Hurricane Sandy teaches us to appreciate loved ones and home comforts.

And here's a trick for those particular family members who push your buttons. Consider why they get your goose, and practice being grateful for an opportunity to grow as a person. Families can be fertile ground for cultivating such virtues as compassion, tolerance and coping skills. For example:

► **For relatives who pick on you:** Practice confidence. Considering all the reasons why you should feel good about yourself will toughen your skin to insults. When necessary, stand up for yourself in a firm manner by owning your feelings and asking for what you want. You can say, "Please don't insult me. It hurts my feelings, and I'd really like a peaceful meal."

► **For relatives who irritate you:** Practice patience, tolerance and compassion. Remember, you may irritate them just as easily, so think about how you'd like to be treated. If you can be patient with family, you can be patient with almost anyone.

► **For relatives who boss you around:** Practice standing your ground in a kind, respectful way. For example: "Dad, while I appreciate your wanting to

help, there are many ways to carve a turkey and I prefer to do it my way."

By assuming an attitude of gratitude, you improve your chances of walking out the door will both a stuffed belly and a full heart.

— **Kim Schneiderman, MSW, LCSW**, is a psychotherapist and former journalist with a private practice in New York City. This column is not intended to be used as a substitute for a private consultation with a mental health professional, nor is this therapist to be held liable for any actions taken as a result of this column. If you have any concerns related to the content of this column, please make an appointment with a licensed mental health professional. E-mail Kim your questions at askkim@metro.us.

Say Goodbye to Painful Varicose Veins!

Do you have any of these symptoms?

- Varicose Veins • Spider Veins
- Itching and Burning • Leg Pain and Cramps
- Heaviness and Swelling • Skin Discoloration
- Ulcers and Blood Clots

You may have a serious medical condition, called Venous insufficiency.

USA Vein Clinics Will Help!

With a non-surgical, minimally invasive and painless procedure, that takes only 15 minutes! Covered by Medicare and most insurance plans up to 100%!



Call **718.732.0231**
www.USAVeinClinics.com

2511 Ocean Avenue,
Suite 102, Brooklyn,
NY 11229

116-02 Queens Boulevard,
Forest Hills,
NY 11375

1153 First Avenue,
Manhattan,
NY 10065

DENTAL IMPLANTS

Complete Tooth Replacement/Teeth in a Day



\$1,295*

Special includes Implant, Post, and Crown!!

New patients only. New procedures only.

*Full payment on day of surgery

Speak with your Smile Today!

Promotional special good only thru. 11/30/12

Our thoughts are with those affected by the recent storms.

Contemporary Dental Implant Centre



CONTEMPORARY
DENTAL IMPLANT CENTRE

8 Convenient Locations

41st & Madison Avenue • Brooklyn
Valley Stream • Smithtown (Suffolk County)
Massapequa Park • Scarsdale
Rego Park • Wall Street

CT Scan-3D Views of the Jaw now available at our Madison Ave. location.

FREE CONSULTATION

Over 2,000 implants placed each year.

NEW PATIENTS ONLY
Must bring in ad at the time of consultation.

CALL

Se Habla Español

212-269-9500

www.cdimplants.com

TODAY!

OPEN 7 DAYS A WEEK

(exp. 11/30/12)

That NYT article that got everyone talking

COURTESY OF JONATHAN ALPERT



► Jonathan Alpert's April New York Times article caused quite a stir, but it further underscored his convictions.

Several months ago, I wrote an op-ed for The New York Times titled "In Therapy Forever? Enough Already." In it, I came down hard on my profession — arguing that people get stuck in therapy, and in many cases the therapist is to blame. I urged people who are in therapy and not getting better to move on.

The reaction to the article was polarizing. Within hours, I had dozens of people calling my office wanting to be my patient. By week's end, I had received more than 60 such calls — and to this day, I still get calls stemming from the article. I was invited to speak to organizations and was discussed on major media outlets, including "The Today Show."

I was also harshly criticized by hundreds of therapists — many of whom publicly lied and said I don't have a degree or license — and they also sent threatening letters. Some of the e-mails I got included comments such as: "Go to hell." "The article is dangerous." "You're going to ruin our business model." And a Forbes blogger used the salacious headline: "Jonathan Alpert's Misstatements and Possible Miscon-

No more drama



JONATHAN ALPERT

WWW.JONATHANALPERT.COM

duct." An NYU commencement speaker also made negative remarks about me.

This experience reinforced what I have long believed: If you feel strongly about something, then stick to it. Do not panic, jump to conclusions or cast aspersions on the naysayers. Doing so will only weaken your original message and make you look bad.

My experience with the aftermath reminded me of what a lot of my patients deal with: fear of criticism. I see it in many aspects of peoples' lives.

Alpert's advice

Here's how to deal with criticism:

- **Focus on what you believe in and what you did right.** Had I taken to heart the criticism that I received from my New York Times piece, it would have brought me down. Instead, I focused on the praise I received. Doing this helped to diminish the negative comments and keep me focused on what's most important: my views and beliefs.
- **Speak your mind.** Don't be deterred by opposing views or criticism. Doing so will make you weaker, not

stronger. Know what you believe in and stand firm.

- **Accept the notion that there will be some people who love you and others who don't.** You can't please everybody.
- **Change your self-talk.** Instead of thinking, "I can't deal with this," or "Maybe they are right about me," think: "I am strong and can roll with the punches" and "Others don't define me; I define me."

— **Jonathan Alpert** is a licensed psychotherapist. His book, "Be Fearless: Change Your Life in 28 Days," is available now. E-mail him your questions at jonathan@jonathanalpert.com.

"TAKE THE PAIN OUT OF YOUR DAY"

**Sports Medicine • Physical Therapy
Acupuncture • Massage**

DO YOU HAVE:

Neck pain?
Back pain?
Hip or leg pain?
Shoulder pain?

Wrist or hand pain?
Elbow pain?
Knee pain?
Ankle or foot pain?



PINS & NEEDLES SENSATION OR TINGLING IN THE HANDS OR FEET? CARPAL TUNNEL SYNDROME??

347-934-9380

Most patients seen in 10 mins or LESS

MOST INSURANCES ACCEPTED

**EMPIRE PHYSICAL
MEDICINE & PAIN
MANAGEMENT**
551 5th Avenue (at 45th St.)
Suite 525, NYC

**DOWNTOWN SPINE,
SPORTS & ORTHOPEDIC
REHABILITATION, PC**
65 Broadway / 47 Trinity Place, Suite 603
(Between Wall Street & Exchange Place)

Code D

**STOP BACK PAIN
WITHOUT
SURGERY**



CERTIFIED BY THE AMERICAN BOARD OF PHLEBOLOGY

Resume to normal activities within a day
Most Health Insurances accepted
Anesthesia available for your comfort

- Varicose Veins & Ulcers
- Spider Veins
- Swollen Legs & Pain
- Skin Discoloration

**Foam Sclerotherapy for
spider veins
EVLV Laser Treatment
VNUS Closure
Asclera**

**HABLAMOS
ESPAÑOL**

Tel: (718) 204-6501

**ГОВОРИМ
ПО-РУССКИ**

Visit our website for more detailed information: www.TreatmentsOfManhattan.com

MIDTOWN - 216 East 23rd St., New York, NY 10010 (Btwn 2nd Ave. & 3rd Ave.)

Nearest Transit: **23 Street** **6 N R** Neighborhood: *Gramercy Park*



© Netter illustration used with permission of Elsevier, Inc. All rights reserved. www.netterimages.com

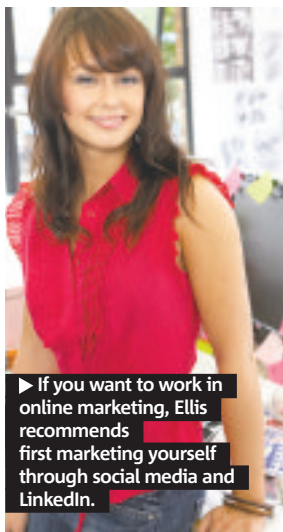
3 Hot new careers in Internet marketing

► If you're a creative, trend-savvy techie, there's a whole new crop of careers waiting out there ► Writing, traditional marketing skills are key

Most businesses can't afford to not have a website or social media presence in 2012.

With the increasing need to reach people online, the marketing field needs new recruits who are innovative and tech savvy. That's where you come in. There are online marketing careers with small and large businesses, and you can also work for yourself as a freelancer.

The skills needed for traditional marketing are essentially the same according to Patti Ellis, a senior account manager at A Couple of Chicks e-Marketing. "The ability to write creatively is paramount," she says. "Having an engaging personality with a well-developed



► If you want to work in online marketing, Ellis recommends first marketing yourself through social media and LinkedIn.

sense of humor also helps with interacting with customers online — which is key!"

Here are three fairly new online careers and how you can get one:

1 SEO consultant: Search engine optimization experts make sure that all of the content on a website is search engine-friendly and easy for customers to find.

This means making sure everything is tagged with proper codes. They also help to strategize what keywords your target audience will use to search. They know how to drive traffic to a company's website while thinking about a company's offline marketing strategy as well.

SEO consultants need some coding and program knowledge (Google AdWords and PageRank, for example), marketing knowledge, creativity and excellent research skills.

2 SEM consultant: Search engine marketing experts may seem to do the same thing as their SEO counterparts, but they focus more on online advertising as a whole rather than just designing and programming Web pages to reach the top of search engine results. SEM experts go beyond analyzing keywords and think about the bigger picture. They need a broad education in marketing and advertising and experience with online advertising programs and search engines.

3 Community manager:

Jobs working with a company's online presence are legitimate career paths that are growing in number all the time. Ellis says she is seeing "an increase in demand for the hiring of people to be the 'company voice,' i.e., using and maintaining the company social accounts for Twitter, Facebook, YouTube, blogging, etc."

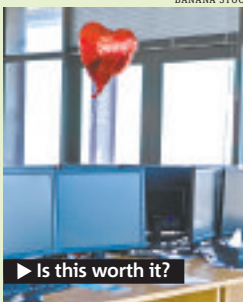
A community manager is in charge of representing the company externally to online customers and clients. This can mean building communities, posting content to blogs or social media accounts and handling both complaints and inquiries, all before reporting back to different departments.

JILLIAN WOOD FOR

TalentEgg
recruiting graduate careers

Talentegg.com is a job board and online career resource for college students and recent graduates.

Advice



► Is this worth it?

Avoid an office dating disaster

Though the latest news scandal involves high-ranking officials, keep in mind that the broad strokes of the Gen. Petraeus affair are not unlike typical office flings. Even if your transgressions won't make headlines, romance at work can be a dicey move if not properly handled. Learn to manage this delicate situation — because even if you can't resist taking your chances with the cutie in accounting, you can minimize the fallout.

Before announcing your new beau, research your company's policy on the matter. "Don't date anyone at work if your employment contract forbids it. Your job will clearly be on the line with such a violation," says author Wendy Walsh, a contributor to Datingadvice.com. **If you do move forward, think about what the end of the relationship might be like.** Nancy A. Shenker, co-author of "Don't Hook Up With the Dude in the Next Cube," says: "Think about what will happen after a breakup. It's hard enough seeing an ex on Facebook — how will it feel to see him or her in person every day?" **If you're an employer who notices an office affair, know how to approach it.** "Have a policy," suggests Todd Ewan, a partner at Fisher & Phillips law firm, which represents management in workplace disputes. "The employer will need to determine what it is willing to tolerate and not willing to tolerate. Most employers do not want to let a relationship exist between two employees if one of the employees has some managerial responsibility for the other." **● JULIA WEST**

MTA New York City Transit

- COMPREHENSIVE MEDICAL PLAN • PENSION PLAN • PAID HOLIDAYS/VACATIONS
- PROMOTIONAL OPPORTUNITIES • FREE NYC TRANSIT TRANSPORTATION PASS

CAR MAINTAINER - GROUP B (Experienced Machinists)

EXAM NO. 3602 FILING DATE: 11/14/2012 - 12/4/2012 APPLICATION FEE: \$82.00 (non-refundable)

SALARY: \$30.7725 per hour for a 40-hour week, increasing to \$33.28 in the fourth year of service.

JOB DESCRIPTION: Perform machine shop work related to the maintenance, alteration and repair of subway cars. They operate lathes, milling machines, boring mills, shapers, drill presses and surface grinders; machine wheel seats on subway car axles; bore subway car wheels to fit axle seats; recondition journal bearings; cut new teeth for gear blank; cut internal and external threads; make complex machined parts; drill holes and grind metal surfaces.

CAR INSPECTOR & ROAD CAR INSPECTOR (Electricians, Electronic, Electromechanical Specialists)

EXAM NO. 3604 FILING DATE: 11/14/2012 - 12/26/2012 APPLICATION FEE: \$82.00 (non-refundable)

SALARY: \$30.7725 per hour for a 40-hour week, increasing to \$33.28 in the fourth year of service. The current salary for Road Car Inspectors is \$34.1375 per hour for a 40-hour week.

JOB DESCRIPTION: Maintain and repair any part of New York City Transit's multiple-unit subway cars and subway service cars in the car shops, terminals, yards and on the road.

THIS INFORMATION IS SUBJECT TO CHANGE. APPLICANTS SHOULD CONSULT THE OFFICIAL NOTICE OF EXAMINATION ISSUED DURING THE APPLICATION PERIOD FOR THE MOST UP-TO-DATE INFORMATION.

CAREFULLY READ THE NOTICE OF EXAMINATIONS (NOE) BEFORE APPLYING.

THE NOE CONTAINS ALL EXPERIENCE AND EDUCATION REQUIREMENTS INCLUDING DRIVER'S LICENSE INFORMATION.

TO OBTAIN NOE & FILING PACKAGE:

- Visit <http://www.mta.info/nyc/hr> OR
- In person, pick up the application package at MTA NYCT, 180 Livingston Street (Lobby), Brooklyn, NY 11201. Monday through Friday (except holidays), 9AM to 3PM.

Call the Exam Information Hotline for more information: (718) 566-JOBS (5627)

MTA New York City Transit



Follow us on: Twitter.com/NYCTSubwayScoop
Facebook: MTA New York City Transit
www.mta.info/nyc/ EOE M/F/D/V



Holiday Specials

Buy 2, Discounted For The Price of 1! Expires 12/31/12

**Buy 2 For You or
One For You and
Give One to a Friend**

Laser Packages*

*Fractional

Reduces Acne Scars and Stretchmarks
2 for \$99

*Laser Hair Removal

- Full Legs, Face, Brazilian, Back, Chest, or Full Arms 2 for \$199
- Underarms, Lip, Chin, Sideburns, Feet, or Hands 2 for \$75

*Cavi-Lipo Fat Blaster

Blasts Fat, Painless & Permanent 2 for \$99

*Zerona

Inch Loss System, Painless & Permanent
Lose 3-9 Inches in 2 Weeks, Buy 1 Package of 6 Sessions, Get 2nd Package FREE

*Thermage

Reduces Lines, Tightens Skin on Face or Body, Purchase 1 Area, Get 2nd Area FREE



SPA SERVICES

Spa Manicure & Spa Pedicure - 2 for \$35

One Hour Massage - 2 for \$65

One Hour Facial - 2 for \$55

Microdermabrasion - 2 for \$75

Slimming Body Wrap - 2 for \$55

Buy Any Wax Service Free and Get One FREE*

*Back Wax: 2 for \$25

*Brazilian Wax: 2 for \$35

*Buttocks: 2 for \$25

*Chest & Stomach: 2 for \$35

*Full Leg: 2 for \$25

*Full Body Wax: 2 for \$99



180 7th Ave South,
New York, NY 10014
212-229-0399

*All specials cannot be combined with other offers. Offer Expires **December 31, 2012**

Letters

letters@metro.us

Requiem for the great American lunch box

RE: "BAKERY CLOSURES HIT TWINKIE PRODUCTION" (METRO, NOV. 14) Last week, the 82-year-old Hostess Company may have filled its last Twinkie, rolled its last Ho-Ho and baked its last loaf of Wonderbread. Lunch boxes across the U.S. will never be the same again. Far be it for me to support government intervention, but this is a matter of national nutritional security. While the majority of us are driving our Hondas and Toyotas, Mr. Obama spent millions to bail out the failing U.S. auto industry only to give us the Fiat 500. With that precedent set, would it not be judicious to save Wonderbread, a true slice of Americana? Just imagine the

sorrow of millions of school children as they open their lunch boxes at recess only to find that their favorite Ho-Ho, Ding-Dong or Twinkie has been replaced by an apple, orange or handful of grapes. A crisis of epic proportions for snack time across America.

JOAO A. PAULO, VIA E-MAIL

'Tis the season for art of all sorts

RE: "WINTER ARTS GUIDE," (METRO, NOV. 16-18) Bravo!! This weekend's Metro Winter Entertainment Section is just a wonderful wealth of information on what's happening in and around town during the winter. There are certainly enough choices to select from that it will satisfy everyone's interests. Keep up the good work — it is surely appreciat-

ed. PAUL PHILLIPS, VIA E-MAIL

I wrote in about the fall "arts" guide and I'll write in about the winter one. If you insist on calling this special issue an "arts" guide, it would be nice if you could include some actual art. Theater, music and dance are great, but you neglected to include a single gallery opening or museum event. Young emerging artist are leaving in droves because we don't feel supported by the city, and the Metro isn't helping.

SUZI GROSSMAN, VIA E-MAIL

A short list of rich Dems proves a lot

RE: "THE BLUE BOSS, SAME AS THE RED BOSS" (METRO, NOV. 16-18) Thanks to letter writer Shoshana Rose, who demon-

strated that in this country there are as many rich democrats as Republicans. So, it makes no sense to assert that Democrats hate rich people, as some right wing writers have tried to do since Romney has lost.

JEAN KAZADI, VIA E-MAIL

Sweep the dust off the fiscal cliff

Why do we assume the rich care about the fiscal cliff? Or recessions? They can buy up assets cheaply and generally make money when the economy is weak. Hence, the Republicans the rich own will pledge allegiance to Grover Norquist instead of to our Constitution. We need to go over the cliff, while working hard to convince social conservatives to abandon these selfish fools, help us redraw congressional districts so the house also reflects the Democratic majority and work toward creating a new Green party to replace the Republicans.

PAS ARGENIO, VIA E-MAIL

Horoscope

♏ Scorpio Oct. 24-Nov. 22. If you're concerned about taking a certain action, put it off until you can evaluate it more clearly. You need to know what the ramifications could be.

♊ Sagittarius **Nov. 23-Dec. 21.** Getting your facts straight should always be of concern to you, but especially so if you are involved in a costly project. Be sure you look quite closely before you leap.

♑ Capricorn **Dec. 22-Jan. 19.** Don't be satisfied with ballpark figures concerning an important financial matter. If you're inclined to jump to conclusions, you could get yourself in trouble very fast.

♒ Aquarius **Jan. 20-Feb. 19.** An important objective might never be achieved if you ignore the small details. You cannot be oblivious to them — even though they're tiny, they still matter.

♓ Pisces **Feb. 20-March 20.** This might not be one of your better days for keeping things to yourself. A smart adversary who is aware of your shortcomings might get you to tell much more than you should.

♈ Aries **March 21-April 19.** Even if you feel justified in giving a nettle someone a piece of your mind, you'd be smart to avoid it. It would only increase your difficulties

with the offending party.

♉ Taurus **April 20-May 20.** Regardless of the circumstances, don't volunteer any unrequested criticism, suggestions or advice. Instead of getting a "thank you," you're more likely to get a huge reprimand.

♊ Gemini **May 21-June 20.** Owing to your focus on the insignificant rather than on the essentials, this isn't likely to be one of your more productive days. Turn that around.

♋ Cancer **June 21-July 22.** Before making any costly plans that include a friend or associate, it's best you check first to make sure that the other party is amenable. Your pal might not be on board.

♌ Leo **July 23-Aug. 22.** Opening up a touchy domestic issue is apt to create some unnecessary friction within the household. Don't voice anything without first considering the consequences.

♍ Virgo **Aug. 23-Sept. 22.** Before pointing out others' faults, you had better take a look at your own behavior. Although you might start the critique, others will finish it.

♎ Libra **Sept. 23-Oct. 23.** Although you are likely to be quite adept at keeping large expenditures under control, it could be the smaller ones that pile up on you. Be both penny-wise and pound-conscious.

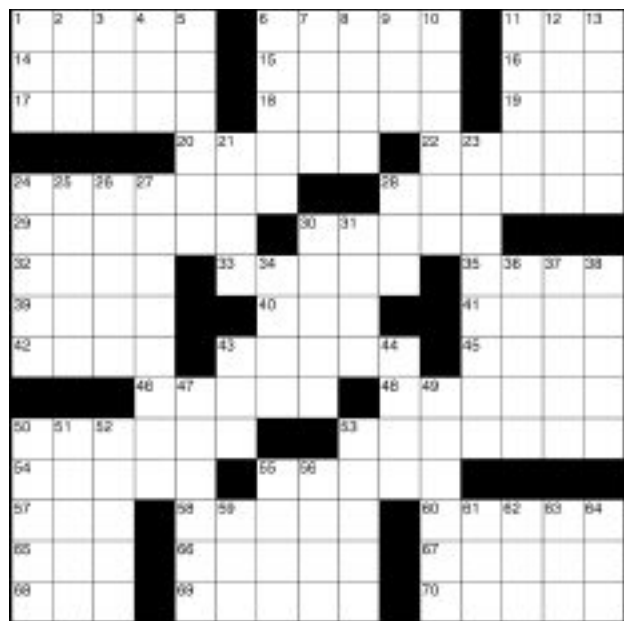
BERNICE BEDE OSOL

Across

1 Wheeled platform
6 Utters a dismal cry
11 Cousins of "um"
14 Big Dipper neighbor
15 Head or Wharton
16 Lunar new year
17 Hot rum drink
18 Ms. Ronstadt
19 S&L offering
20 Applied WD-40
22 The real —
24 Broccoli segments
28 Electrical units
29 Dwindle
30 Trite
32 Forum hellos
33 Singapore's language
35 Libra's stone
39 Not cluttered
40 Earth orbiter, once
41 Freightier hazard
42 Numbers game
43 Overpopulated
45 Therefore
46 Newscaster
Connie
48 High-kicking dance
50 Spaced out
53 Toilet articles
54 Remove chalk
55 Cub or eagle
57 Dumpster
58 Grizzled
60 Kirk's lieutenant
65 Sinbad's transport
66 Ear-oriented
67 Tablelands
68 Whichever
69 Ply a pencil
70 Echo, for one

Down

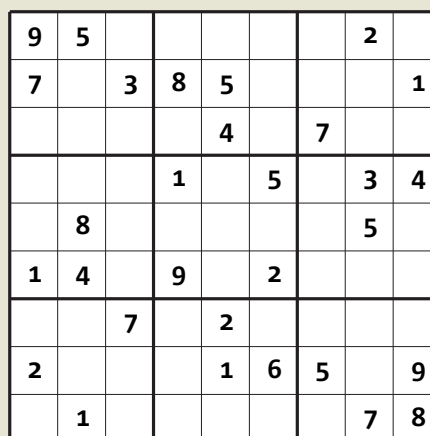
1 Banned bug spray
2 Pizarro's quest



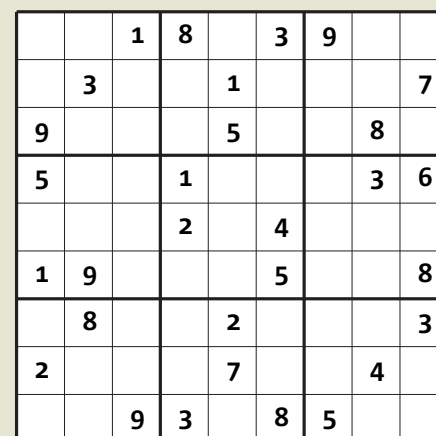
3 Youngster
4 — Soundsystem
5 Vacillated
6 Shouts
7 "Garfield" pooch
8 Meander
9 Corporate abbr.
10 Omen-seeker
11 City on the Mohawk
12 Founder of Caesarea
13 Lingers
21 Part of an agenda
23 Freezing mixtures

24 Ballpark nosh
25 Flood preventer
26 Canoe anagram
27 Updates inventory
28 Saute
30 Static —
31 Galley slaves' need
34 Pious assent
36 Shrivels with heat
37 Birdbath slime
38 Trotsky and Uris
43 Defective firework
44 Tan shade

47 Donkey's bray
49 Fall
50 Gridiron ref
51 Sky hunter
52 Ms. Lopez of golf
53 Early chemist
55 Madras garment
56 Ending for bureau
59 Royal pronoun
61 Yo!
62 Mil. branch
63 Tupac's genre
64 Blonde shade



SUDOKU LEVEL: EASY



SUDOKU LEVEL: HARD

Solution to weekend's crossword



How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

To advertise — phone: 212-457-7735; email sales: advertising@metro.us

METRO NEW YORK | Editor in Chief: Tony Metcalf, tony.metcalf@metro.us | **edinchief** metro | **Managing Editor:** Amber Ray, amber.ray@metro.us | **City Editor:** Carly Baldwin, carly.baldwin@metro.us | **Sports Editor:** Mark Osborne, mark.osborne@metro.us
Books/Parenting/Gossip/Travel Editor: Dorothy Robinson, dorothy.robinson@metro.us
Home/Style/Food Editor: Tina Chadha, tina.chadha@metro.us | **Film/Tech/Dating Editor:** Heidi Patalano, heidi.patalano@metro.us | **Wellbeing/Going Out Editor:** Meredith Engel, meredith.engel@metro.us | **Music Editor:** Pat Healy, pat.healy@metro.us | **Careers/Education Editor:** Monica Weymouth, monica.veymouth@metro.us
Copy Chief/Theater Editor: Tracie Michelle Murphy, tmichelle.murphy@metro.us

3

SPORTS@METRO.US

GOT AN
OPINION?
SEND US
YOUR
THOUGHTS



BACK TO WINNING

► Jets break three-game losing streak against lowly St. Louis ► Sanchez plays his best game of the season ► Team takes 'one game at a time' mentality as it holds out hope for playoffs

DILIP VISHWANATH/GETTY IMAGES

What went right ...

1 A new Sanchez — Cool, calm and composed, the much-scrutinized Jets starting quarterback was more than solid yesterday. Sanchez settled into the game nicely after being pressured in the first quarter. In short, he was the Sanchez who Jets fans knew and loved his first two years in the league.

2 An emerging star — For the second straight week, there is further proof of the maturation of

Muhammad Wilkerson at defensive end. Last week, Wilkerson scooped up a fumble in Seattle for the Jets' only touchdown. Against St. Louis he created a fumble that linebacker Bart Scott recovered to give the Jets the ball on the Rams' 31-yard line.

3 Rebounding — It all started so poorly for the Jets, who gave up an opening-drive touchdown. But to their credit, they bounced back. The Jets gave up just seven points and 195 yards of total offense for the rest of the game after that opening score. **— KRISTIAN DYER**



► After a week of incessant controversy, Mark Sanchez rebounded with one of the best games of his career.

Waiting List Re-Opening

La Casa de Felicidad Bronx, N.Y.

La Casa de Felicidad is seeking interested applicants for its waiting list. The building located at 3097 Third Avenue, in the Bronx, is under the direction of the U.S. Dept. of HUD Section 202 Program. Applications are available for individuals and couples age 62 or older and for mobility-impaired individuals and couples who meet the following income and family size guidelines.

Family Size	Apt. Size	Monthly Rent	Income
1-2	1 Bedroom	30% of household income	\$29,050
1-2	1 Bedroom		\$33,200

Subject to occupancy standards

includes cooking gas *income guidelines adjusted for family size

Applicants will be required to meet Section 8 criteria and **WILL BE REQUIRED TO SUBMIT TO A CREDIT AND BACKGROUND CHECK AND ADDITIONAL SELECTION CRITERIA.** To request an application, it can be downloaded from www.phippsny.org or by mailing only a postcard no later than November 23, 2012.

La Casa de Felicidad
3097 Third Avenue
Bronx, NY 10451

Completed application must be returned by regular letter sized mail only (No priority, certified, registered, express or overnight mail be accepted) to a post office box number, or its equivalent, that will be listed with the application and **must be postmarked by December 14, 2012.** Applications postmarked after December 14, 2012 will be set aside for possible future consideration applications will be selected by lottery; applicants who submit more than one application will be disqualified. Duplicate applications will not be accepted. Qualifications will be based on Section 8 Federal guidelines and additional selection criteria.



**No Brokers Fee or Application Fee Should Be Paid
At Anytime in Connection With These Applications.**

Supervised by the U.S. Dept. of HUD



Don't tell the Jets they were playing a three-win Rams team. They are too busy basking in the glow of a much-needed win.

The Jets spent most of last week talking about everything but yesterday's game, however, when they took the field they looked completely focused on the task at hand. It resulted in a 27-13 win and quarterback Mark Sanchez's best performance of the season.

"This is a step in the right direction," head coach Rex Ryan told reporters in his press conference after the win. "We just have to keep on working."

The Jets are not mathematically out of the playoff race. In fact, with Steelers quarterback Ben Roethlisberger banged up — ESPN reports, according to a source, that he will miss at least three weeks — the final wild-card spot could be available for a team finishing 9-7. The bad news is Cincinnati won its second straight game yesterday and, at 5-5, will also threaten for that spot. The Jets' last five games, though three come on the road, are all very winnable.



"Our guys have been working extremely hard, and I'm really happy for all of us that it showed." RYAN

"We're excited about what's in front of us," Ryan said. "We think our team can improve and that's what we're looking to do."

For now, the Jets are going to take it slow. They spent all week taking questions about an anonymous player calling Tim Tebow "terrible," but yesterday they hit all their talking points.

"Each win can help us. ... We just need as many wins as possible," Sanchez said. "That's all we're focused on. Just one game at a time."

Sanchez finished the game 15-of-20 for 178 yards, one touchdown and no interceptions. It didn't go unnoticed that Tebow only played two snaps in the entire game, both without success.

Ryan after the game said it was just a coincidence, saying Tebow was expected to "have a big part in the game," but the Rams' defense dictated changes.

"I think it was a great performance by [Sanchez]," Ryan said. "It's what we needed."



MARK OSBORNE
mark.osborne@metro.us



PATRICK SMITH/GETTY IMAGES

► Griffin not only threw for 200 yards on 14 of 15 passing; he also rushed for 84.

NFL recap Week 11

Skins rout Eagles, 'Boys win in OT

The Eagles' Nick Foles experiment got off to a poor start, while the Texans and Cowboys went to overtime to win in heavily favored home games.

Redskins 31, Eagles 6

If Andy Reid was going to script a beginning for his rookie quarterback Nick Foles, it wouldn't have started out with back-to-back interceptions on the first two drives. The Eagles fell behind 17-3 at the half and never recovered as the Reid era slowly dwindles. Robert Griffin had four TD passes.

Texans 43, Jaguars 37 (OT)

In the "no-one-saw-this-coming" game of the day, Chad Henne took over for a banged-up Blaine Gabbert and threw four touchdowns. But it was Matt Schaub who rallied the now 9-1 Texans from 14 down to win on a 48-yard TD pass to Andre Johnson.

Cowboys 23, Browns 20 (OT)

It was a tale of two halves for Tony Romo. The Cowboys bumbled their way to a 13-0 deficit at the half but rallied to take a 17-13 lead. The Browns answered back with a TD with 1:07 left, but again choked away the win on a field goal with two seconds left and then another in overtime.

Falcons 23, Cardinals 19

Matt Ryan threw five interceptions (yes, five) and no TDs, but the Falcons still came back to win. ● METRO

Knicks turn up the defense in matinee

► Ugly game ends with positive result thanks to team taking to other side of the ball ► Woodson feels team buying in to his defensive system

The Knicks are notoriously slow starters in matinee games, but things were brighter yesterday because the opponent was the Pacers.

Following Friday night's crushing loss to the Grizzlies, the Knicks (7-1) needed a perfect lackey to get right, and the Pacers (4-7) were willing accomplices, in an 88-76 win.

It wasn't aesthetically pleasing, but the Knicks still tied the 1993-94 squad for the franchise's best start ever.

"Guys are buying in," said head coach Mike Woodson. "They understand if they [grind] and do it at a high level, you put yourself in a position to win games. ... I've been very pleased with the way we've come out defensively."

The Knicks needed all the defense they could muster, considering the offense was nonexistent. Other than Carmelo Anthony's game-high 26 points, there weren't many other offensive highlights. But this Knicks team is built on defense,



BRUCE BENNETT/GETTY IMAGES

► Anthony had 26 points and nine rebounds in the win.

and they made the Pacers miserable all afternoon.

The Pacers were about as bad as any Knicks opponent this year, committing 19 turnovers, shooting 39 percent and only having two players in double digits scoring.

"Today was one of them days where we had to do it on

the defensive end, [because] offensively we were still trying to find it," said Anthony. "But on the defensive end, for us to be in sync the way we are right now, especially this early in the season, that's a good thing."

TONY WILLIAMS
sports@metro.us

Kidd OK after stitches

It may not have been funny to Jason Kidd, but the team got some comic relief from the team's new point guard after he needed seven stitches in his head during the game.

Lance Stephenson accidentally came down on Kidd's head with his teeth and cut the veteran. He returned with a headband perched awkwardly on top of his head to cover the bandage. His teammates were not feeling any sympathy for their new teammate.

"Not a good look," Anthony joked after the game. "Today he had to do what he had to do, but we're not going to allow that." ● METRO

New Management & Staff
24HRS
SPA Valley
W22TH ST & BROADWAY
212.779.1250

GRAND OPENING
EAST VILLAGE
OPEN LATE
917.261.6325
84 E 10TH ST BET 3RD & 4TH

BACK PAIN ACUPUNCTURE
overweight stress anxiety back neck joint pain
fatigue pinched nerve poor circulation
microdermabrasion massage physical therapy reiki
Accept 1199 aetna unitedhealth care 115W 30 St. #500B (btwn 6&7 Ave)
blue cross neighborhood medicare 212-764-3924
metroplus affinity amerigroup cigna
www.MedicalHolistics.com Englewood NJ : 201.944.0985

**INJURED?
NEED A LAWYER?**
FREE CONSULTATION
212-571-9200
www.accident-lawyer-ny.com
Feiner & Lavy, P.C., Attorneys at Law
325 Broadway • Suite 401 • NY, NY 10007
العلاج، عابرة، Spaniol Attorney Advertisement

metroclassifieds
to place an ad call
866-900-9473
or visit us at
www.metro.us

Thoughts of Bankruptcy?
Struggling with debt? Not getting ahead?
Filing bankruptcy can be your way out of debt
Bankruptcy done right at the right price
Jay Simon, Attorney
718.222.4619
32 Court Street, Suite 805, Bklyn
Change begins with one call

WANT TO STOP USING COCAINE?
Albert Einstein College of Medicine is looking for cocaine dependent volunteers who are age 18 to 65 to participate in a research study. Eligible participants will receive up to 8 weeks of no-cost intervention that may include medication and "talk" therapy. Compensation for time and travel available.
FOR MORE INFORMATION, PLEASE CONTACT ANDREA OR MATTHEW AT THE RESEARCH OFFICE.
347-493-8555

Get PAID to help find a cure!
ZipTrials.us
Powered by metro
Participate in local clinical trials at
www.ZipTrials.us

\$1 ZOOM! Laser Teeth Whitening
(w/Check-up and Cleaning*)
*covered by your PPO Dental Plan
Up to 12 Shades Whiter in just 1 hour
Call (212) 537-6923 - Open Weekends and Evenings
30 East 40th St. #105 • 1 block from Grand Central Station
Ph (212) 537-6923 • www.Zoomfor1.com (exp 12/1)

metroclassifieds

in print & online

TO PLACE AN AD:

866-900-9473

CLASSIFIED.METRO.US

NEWYORKCLASSIFIEDS@METRO.US

CLASSIFIED AD DEADLINE:

5PM TWO (2) BUSINESS DAYS BEFORE PUBLICATION

IMPORTANT INFORMATION:

All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

Real Estate/Sale



PUBLISHERS NOTE

All real estate advertising herein is subject to the Federal Fair Housing Act of 1968 and state and local fair housing laws. The Fair Housing Act makes it illegal to advertise any preference, limitation or discrimination on the basis of race, color, religion, sex, handicap, familial status, or national origin or an intention to make any such preference, limitation or discrimination. State or local laws may make unlawful advertising that discriminates on the basis of age, marital status, or sexual orientation. Metro US will not knowingly accept any advertising for real estate which violates the law. The law requires that all dwellings advertised are available on an equal opportunity basis. If you have any questions regarding housing discrimination, call the Long Island Housing Services at (800) 660-6920 in Long Island or the Anti-Discrimination Center at (212) 346-7600 in New York City. To file a complaint call HUD toll-free at (800) 669-9777 or the New York City Commission on Human Rights at (212) 306-7500

Homes

Washington Ave 3 fam brk fully renov 3/2/2 brs, bsmt, sep elc & gys, 2 car gar, low down. Owner 646-431-0105 OR 718-744-5222

113 St. Albans 2 Fam brk \$209k 66, 3 full baths, \$2500 cash O.C. Owner R/P Elton 917-577-9362

Springfield Gardens/Laurelton Newly renov spac 1 fam 5 brs, 2 full baths, fin bsmt, pvt driveway, Nr all. Owner pays closing cost. 718-986-5199

ST. ALBANS-By Owner, Huge 1 fam det'd, 6 BRS, 3 full baths, fin bsmt, fully renov, 3k down O.C. P1 monthly mortgage \$1661. Roy 917-887-9438.

St. Albans Open House Sat & Sun 2-5, 104-40 Farmers Blvd. Spac. Renov 1 fam 5 br, 3 bth, new elk fin bsmt, lg bkdy/drivwy. Owner 347-456-3858

PLACE A LEGAL/ PUBLIC NOTICE:

Name Changes, Liquor Licenses, Sidewalk Café
Call for quote.

(212) 457-7856 or
jim.colarusso@metro.us

Real Estate/Rent

Apartments

HARLEM W. 136th St/7th Ave Loft Studio, Lge LR, ELK, Nr Transp & Shops, \$1250/mo. 1 mo rent + 1 mo sec. Refs/Credit Check, Viewing Sat, 11/17, 1-3PM, Owner 212-388-9668

BEDFORD PK ★ Moshulu Pkwy So, Nr. Park, Garden, Zoo, Trans. Studio \$895, 1Br \$925. Well Maint'd Bldg 1st mo rent free! Agt 718-657-1085

CASTLE HILL AREA - Pvt house, 3 BRS, newly renov, Section 8, \$1750/mo 1 mo rent + 1 mo security. Owner 718-231-2027 / 347-340-1315

COUNTRY CLUB: Waterfront LUXURY LIVING
2/3Br Apt, Lg BR's w/breathtaking waterfront view. All hardwood flrs granite counter tops, kit, granite & marble bath, plenty of closets, steel appliances, parking avail. 2000mo. Owner 917-416-4479

Essex County, New Jersey
APTS FROM \$599!
1 MONTH FREE
Gym - Parking - Laundry 973-859-9143 NO FEE
www.MableGardens.com

FORDHAM & BELMONT AREA 1 BR \$995/mo. HPD & DHCR OK. Sec 8 OK. No fee. Broker ok. Owner 718-601-1483 M-F 9-5pm.

Fordham Hill & Yankee Stadium Elevator - Laundry - Garage
STUDIOS from \$899
1 BRs from \$1100
2 BRs from \$1399
3 BRs from \$1899
Call Rental Office 646-291-6529 NO FEE RentTheBronx.com

FORDHAM★ SEDGWICK AVE Well maintained rent stabilized bldg. 1BR \$995. 1st mo rent free. No Appt. necessary. Call Agent 718-657-1085

HUNTS POINT off Garrison Ave Well maintained rent stabilized bldg 1st mo rent free 2br \$1,115/mo. 3 br \$1,274/mo. Agt. 718-657-1085

Parkchester/Gr Concourse/Boston Rd 1, 2, 3 BR apts, walk-up bldg. Renov Kitch/bth, nr Trans & School. Sec 8 OK. Owner Roberto 914-632-1230

Pelham Parkway Vicinity 3 br apt, 1.5 bths, lg lr, fdr, elk. Heat & hot water incl. Near all. \$1750/mo. Owner Call 917-885-6060

Southern Bronx Locations Immediate Studio, 1, 2 & 3 BR Apts. Newly Renov Units, Lge Open Flr Space. \$822/mo & up. Owner 718-617-2800

Canarsie, Flatbush & All Over Bklyn Studios \$800 & up ★★ 1 Br \$930 & up 2 Br \$1100 & up ★★ 3 Br \$1250 & up Accepting programs Call Agent 718-282-6400

★ **CYPRESS HILLS** ★
1 BR Apt, 1.5 bths, lg lr, fdr, elk. Nr transp & shops. \$1050/mo. No pets. Owner 347-245-6290 blw 10am-9pm

EAST FLATBUSH AVE H & 34th St 1 blk off Flatbush Near shops, trans, 1br \$1250 Well maint' rent stabl bldg 1st 1/2 mo rent free. Agt 718-657-1085

★ **EAST FLATBUSH & CANARSIE** ★
Studios, 1, 2 & 3 BR apts. Call Agent: 718-451-1000 or 917-690-2338

Apartments

ENY- Linden off Rogers. Near shops, trans, 1 BR \$995/mo. Well maintained rent stabilized bldg 1st mo Rent Free. Call Agent 718-657-1085

ENY- Pennsylvania Ave. Btw. Interboro Pkwy & Atlantic. Well maint'd, rent stabl. bldg. Nr trans, 2br \$1225. 1st. 1/2 mo rent free. Agt 718-657-1085

Flatbush 2 Br, 2nd flr BROWNSTONE Newly Renovated, Terrace, Near Public Transp, \$1475 neg. Owner 718-940-4459

FLATBUSH EAST 17th off Beverly Rd. Well Maintained Rent Stabilized Bldg. Stu \$1050. 1 Br \$1275/mo. 1st mo rent free. Agt 718-657-1085

CORONA: 114th & ROOSEVELT Lg. Well maintained rent stabilized building w/laundry facility. Stu \$925 1st mo rent free! AGENT 718-657-1085

For Rockaway Wavecrest Gains
Apts from \$870 - NO FEE!
Gym - Parking - Laundry
Call 646-810-4993
www.RENTWAVECREST.com

JAMAICA: HILLSIDE AVE
1 BR \$1200, 2BR \$1350, Hdw'd flr, renov kit. Rent stabilized garden comp, laundry facility. 1st 1/2 mo rent free Agt 718-657-1085

★★ **LAURELTON/ROSEDALE** ★★
2 brs \$1250, Sm Studio \$850, 1st flr 2 brs \$1400, 3 brs \$1750, House rental \$2350 ★ Call Agent Sonia 347-426-7242

ROSEDALE 2 brs, \$1700 + util. Springfield Gardens 3 brs \$1700 + util. 2 brs \$1400 + util. Laurelton 2 brs \$1400 + electric. Broker 516-322-4634

St. Albans 170th St. & Foch Blvd. Off 116th. Lg 1BR, \$1025/mo in well maint garden style complex/Nr shops, G-45 bus 1st 1/2 mo rnt free Agt 718-657-1085

DISCOVER PARKCHESTER
WHERE PEOPLE LOVE TO LIVE!
1 & 2 BR RENTAL APTS. NO BROKER FEE. IMMEDIATE OCCUPANCY

1BR's \$985 per mo. starting at only

ONE HALF MONTH FREE RENT ON 1BR's ON 2-YEAR LEASE IF YOU SIGN BEF. NOV. 30

SPACIOUS 2BR's \$1325 per mo. as low as

On site shopping, restaurants, offices, even a movie theatre. 30 minutes to midtown via 42 subway or express buses.

SEE MODEL APTS & PREMIER APTS AT OPEN HOUSE:
TUES. NOV 28 - 3PM-7:45PM
SAT. NOV 24 - 10AM-1:45PM
APPLY ONLINE TODAY

brockledean an apt for an Open House visit: 718-412-4696

www.parkchesternyc.com

Apartment Building Rental Holiday Special
No Fee * No Fee * No Fee
Bronx / Brooklyn
Immediate Occupancy (1/2 month's Free) on All Studios
1, 2, 3, Bedrooms
Fully Renovated:
Upgraded Kit / Bathrooms,
Hard Wood Floors, New Appliances, Freshly Painted
(24 hr Approval)
Must Meet Income Requirements
FOR VIEWING PLEASE CONTACT **347-413-2911**
24 hr. Security Surveillance On-Site Superintendent

Apartments

WOODSIDE - Large furnished Studio with backyard, \$975/mo, utilities included. Owner 718-457-9515

BRONX
1 BEDROOM APTS, Starting at \$925
Transp. near by.
Call 212-752-2670
After 5pm Sat., Call 718-644-4098.

QUEENS STUDIO and 1 BEDROOM APTS.
Near Transportation
Call 212-752-2670 from 9am-5pm.

Commercial

BED-STUY - CROWN HTS
Schenectady & Sterling Pl
460sf, plus bsmt, clean & ready, \$900/mo. Brokers OK. No fee. Owner Call Mon-Fri, 9am-5pm 718-601-1483

Rooms

100's Available, All Boroughs

Private Entry Bath Cooking
1 Person/2 Person \$125wk/up
room rentals 212-697-3962

Manhattan & Bronx

Furnished Rooms For Rent!
Cable/Internet Ready! Move in today! All utilities Inc.
Starting Just \$125/wk 1
Call Us Today: (212)368-2685

Affordable Furnished Rooms in Manhattan

Utilities Included
Same Day Move In
Cable, TV, Internet
No Credit Check
\$125 per week
Call 212-862-0457

Miscellaneous

FORDHAM AREA 183RD/LORING PL
Furn. Room for rent. \$125/wk. Call Owner After 4pm 917-806-8872

BEAUT HOTEL★FREE BREAKFAST/LUNCH
w/JACUZZI's from \$75-\$95 per night ★ 315 93rd St. Bay Ridge 718-748-8995

CANARSIE ★ FURNISHED ROOM.
Shore kit & bath. Nr transp. L train & shopping. Please call owner at: 646-597-0291 OR 347-729-3639

E. Flatbush Fully Furn'd Room. Full Bed, Dresser/Mirror, Closet, Cable avail. Share kit / bath \$160/wk + 1 mo sec. Owner 347-262-8345

St. Albans - Nice & quite Furn. room w/private entrance, share kit & bath, \$160/wk. 2 wks rent 1 wk sec. male pref., Call Owner (646)919-6424.

E. NEW YORK ★ Avail Now
Unfurn'd Room For Rent. Seeking Responsible Indiv Quiet & Clean Income verif. Owner 347-610-9325

Pets

Dog Grooming Special
\$35 Bath/Haircut, 20 lbs and under. Day/Saturday/ Evening (limited offer) American Academy of Pet Grooming. Call for appointment 212-686-3890

♥ **ADORABLE YORKIE PUPPIES** ♥
CALL TRACY 718 236-1515

DOBERMAN PINCHER PUPS
Black & Rust, 2 mos old, Males & Females, Tails docked, \$300. Owner 917-797-1101

★ **ENGLISH BULLDOG PUPS** ★
Pure bred, 1st shots, health guaranteed, 3 mos old, beautiful, \$1700ea. Owner 718-785-7269 or 718-274-8555

♥ **MALTESE PUPPIES** ♥ Adorable Toy & Teacup sizes. Call 718-259-2295

★★ **SHIH-TZU PUPPIES** ★★
Toy & Imperial Sizes, All Colors
Call 718-797-7567

♥ **YORKIE PUPPIES FOR SALE** ♥
Toy & Teacup sizes. Call: 718-259-2295

Business Opportunities

Business Opportunities

Lose Weight & Make Money & Help Others Do the Same

PerfectBodyForLife.com
ViSalusOverview.com
Call: 917-882-3136

Jobs

Customer Service

LOBBY STAFF NEEDED
START IMMED. FT/PT
ALL SHIFTS
NO EXP REQUIRED
UP TO \$17 P/H
BENEFITS
INTERVIEWING ASAP
CALL: 646.998.5980

Healthcare

Ultrasound, EKG, CPR Course

www.medicalultrasoundschool.com
Core Ikon Institute
Call 917-209-1366

ADL Institute Offers Home Health Aide & CNA Training. We offer Placement assistance for all grads. PT/FT & evening classes. 718-349-8003

IMMEDIATE CNA's & LPN's
With LTC experience needed in **QUEENS**
IMMEDIATE HIRE!!!!
★ JOB FAIR ★
MON 11/19, 9AM-4PM
QUEENS
146-14 35TH AVE
GRT PAY/HEALTH BNFTS
For info & dir. call 718-534-7400
email wes@sfstaffinginc.com

\$\$\$ AID JOBS / TRAINING ACCESS
CNA • Medical Assistant • HHA - Home Health Aide
EKG / PHLE / Pharmacy Tech / ESL / LOANS
Bookkeeping • Quality Analyst • Business Analyst
Solar Technician • Advanced Computer Courses
Call 718-263-0750
STUDENT VISAS @ LOW COST
On Queens Blvd Next to (E, F) Subway Stn. • 8002 Kew Gardens Rd, Queens, NY
www.accessqueens.com

Access Careers, Bklyn
25 Elm Pl, #201, Brooklyn, NY-11201

Student Visa Available

» Nurse Aide (CNA)
» Patient Care Tech (PCT)
» EKG & Phlebotomy
» Pharmacy Technician
» Medical Billing & Coding
» MS Office/ Accounting
» ESL / CPR

» Medical Assistant
» Dental Assistant
» Computer Programming (C++, Java, .Net)
» Computer Networking (A+, MCSE, CCNA)

♦ Lowest Tuition Fees in the State
♦ Financial Aid, Scholarship Available if Qualify
♦ Easy Payment Plans
♦ Onsite State & National Examination
♦ Morning, Evening & Weekend Classes

Call Now: 866-487-5432
(Close to Subway A, C, D, 2, 3, 4, 5, Q, R, G)
www.AccessCareers.Edu

Security / Law Enforcement

A.A.S. SECURITY- NO EXP NEEDED
Will train. All shifts. Up to \$28.23/hr. Call toll free 1-800-770-0925 ext. 1

★★ **A BAR NONE SECURITY** ★★
No exp/license needed. up to \$18/hr. FT/PT. Call HR: 212-470-4326

★ **A BETTER CAREER IN SECURITY** ★
Serious applicants only, up to \$19/hr. FT/PT. HR# 212-470-4499

★★★ **Able and Ready Guards** ★★ ★
No license needed. FT/PT, up to \$18/hr. Call Now! 212-470-5641

A BRIGHT SECURITY JOB
Up to \$22.50/hr FT/PT, no lic needed. No experience nec. Must be avail ASAP. Call 347-564-1886

★★★ **ABSOLUTE GUARDS** ★★ ★
No license needed. FT/PT, up to \$18/hr. Call Now! 212-470-8796

★★★ **ACCEPTING NEW GUARDS** ★★ ★
No exp needed. FT/PT, Pays up to \$18.50/hr. Immediate. 646-361-2519

★ **ARMED / UNARMED SECURITY** ★
No exp, will train. FT/PT, up to \$35/hr. 917-861-9011 or 347-517-3445

CORP / FRONT DESK AGENT
Must be avail to start asap. No exp nec. Will train. up to \$22.50/hr. Call 212-470-6933 or 212-470-8112

CORP / RESIDENTIAL GUARDS
No experience. No license required, Full Time/Part Time Up to \$18/hr. Call 917-272-8224

Security Guards licensed - 300 positions must be filled immediately. No exp. nec., 2804-A 3rd Ave., Bronx, NY (148th) Up to \$18/hr. Call 718-628-1600 for more info. 150 open in Staten Island & 150 in Brooklyn.

Security / Law Enforcement

EMERGENCY ARMED GUARD
Must have NY/SNJCT Carry Permit. Retired or active law enforcement / corrections preferred. \$25+/hr. Apply Mon-Fri 9-4pm. 1PSA, New Yorker Hotel, Ste 816, 34th & 8th

FRONT DESK / GUARD
12 positions avail males & females for residential, corporate & retail sites. Up to \$750/wk. Call 718-772-8318

★★ **RETAIL / CONSTRUCTION** ★★
8 Hour Cert a MUST. Rockaway area a +. Call M-F 9a-2p. 718-626-3796

SECURITY OFFICERS WANTED
No exp. We'll train you to work. Packages include NY State fees, Security Guard Training New York: 718-874-8162 (fee)

Sales / Marketing

NYSKYRIDE

Independent Ticket Sales Agent HIGH COMMISSION
for experience in sales and closing. Work in a fast paced energetic environment 40K-60K annual commission salary. Submit resume to: skyridesales@gmail.com Call btw 1-5pm 212.299.4915

Transportation / Travel

DRIVERS ★ CDL CLASS B.
Must know Queens & Bklyn. Immed hire. High pay. O.T. Call Maddy 914-968-2500 x205 200 2nd Ave., Bklyn, NY

DRIVERS: Independent, contractor drivers for deliveries. Route work available. Drivers needed with own white mini-vans, cargo vans and 22-24ft. Dock High Box/Cube trucks. Please call Patrick O'Connor at (212) 594-5009.

DRIVERS
Premier Paratransit is seeking Drivers with NYS CDL Class C with Passenger Endorsement
COME IN FOR APPLICATION
940 Remsen Ave/bet Av D/Foster Av
Mon-Fri 8am-7pm. Sat/Sun 8am-4pm

TRUCK DRIVER Bklyn Trucking Co
seeks exp Class A CDL Drivers, Knowledge of 5 Baros, HAZMAT & TWIX cards +. Call Raffaele 718-599-7400

General Help Wanted

★ **MACHINERY OPERATOR / MECHANIC** Exp'd in preventative maintenance.
★ **MACHINERY OPERATOR** in Mfg. facility exp w/stamping & Thermo forming machinery pref'd. Call 718-416-4384

★★★ **MECHANIC / WELDER** ★★ ★
Knowl of wiring & hydraulics for Garbage co. Contact 718-440-7753.

-**PLUMBERS MECHANICS-**
MUST be experienced & have Osha card. Fax resume: 718-843-8302.

PLUMBERS WANTED
Mechanics, Junior, Mechs exp'd w/cooper, cast iron, black pipe & fixture installation. For NYC Plumbing company. Fax resume 212-979-0132

PRESSMAN (F) for AB Dick
Exp'd, flexible, Bklyn print shop. Email reply@invitations123.com, fax 718-437-5313; phone 718-437-7700.

metroclassifieds

**in print
& online**

TO PLACE AN AD:

866-900-9473
CLASSIFIED.METRO.US
NEWYORKCLASSIFIEDS@METRO.US

CLASSIFIED AD DEADLINE:
5PM TWO (2) BUSINESS DAYS BEFORE PUBLICATION

Jobs

General Help Wanted



Outside Ticket Sales Agent
Aggressive closer wanted.
Hourly \$8 - \$20 Sales experience a must. Tourism knowledge a plus. Submit resume to: skyridesales@gmail.com
Call btw 1-5pm 212.299.4915

NYC Specialty / Natural Food Retailer

seeks experienced food market clerks to join our dynamic team. Excellent customer service skills and food marketplace experience required.
Deli Counter clerks
Cheese clerks
Meat/Seafood clerks
Grocery clerks
Dairy clerks
Cashiers
Apply to
JOBS.gourmet@aol.com

TUITION-FREE IT TRAINING AND JOB PLACEMENT

A+ & MCTS
CERTIFICATION
BRONX & BROOKLYN
LOCATIONS

718-991-8400

PER SCHOLAS
www.perscholas.org

AUTOMOTIVE ELECTRONICS
SHOP-Expanding business in Bklyn area, specializing in emergency vehicles, surveillance & high tech installations seeks motivated Technician/Installer. Call 718-252-1984 email resume securely to joboffer@gmail.com

★ **DISPATCHER WANTED** ★
Exp a MUST, F/T for high call volume tow facility. Call 718-251-7200

DRY CLEAN PRESSER - High end dry cleaner in Hackensack, NJ seeks Finishers. Must have exp in rough or silk, 10 mins to GW Bridge. Good salary & benefits. Call Leah 201-336-9451

Exterminator needed immed F/T P/T
MUST BE certified in 7A or 7F. Must have car. Call Erol: 631-473-4748 or 516-790-9455.

GAS HEATING MECHANIC
Min 5 yrs exp, valid drivers lic a must. Please forward resume to pots@spnec.net or fax 718-822-4099

★★★ **WELDERS** ★★★
For Boiler Repairs. Must pass 6G Pipe Test. Need NYS Drivers Lic. Union brfrs. Call Mr. Richards 718-251-3000 Email: work@nyboiler.com 3885 Preston Court (Ralph Ave & E. 80th St.)

General Help Wanted

HEATING ★ Jr. Mechanic & Helper ★
Brooklyn Area. Exp'd in gas boiler installation, Ref's, Drivers Lic. Steady Work. Paid holiday/vacation. 718-235-4091

Irresistible Opportunity!!
\$25 hr/avg - paid wkly
Bonuses, Incentives, Growth
Recognition & Success
Don't miss out, willing to train!!
914-233-0645

SATELLITE TECHS Installations
for DirecTV or Dish Network. Must have van or pickup \$1000 Bonus for techs W/Exp. Call 1-888-701-7700

Seafood Personnel - Fairway market
is currently seeking experienced non-experienced seafood clerks for its seafood department at our Kips Bay Store (32nd Street and 2nd Avenue). Candidate must be able to provide excellent, friendly, upbeat customer service while preparing and serving a variety of seafood products. Ability to prepare, cut, weigh, wrap products offered at Fairway Market. To Monitor, clean, organize the seafood department & complete shift duties. If you have prior experience or a passion to work in a fast pace grocery retail setting please call or email Tony Maltese (Seafood Manager). Tony's phone number is (516) 523-4201 or email resume to tony.maltese@fairwaymarket.com



★ **'Tis the Season** ★
Earn \$22.50 hr/avg rate
A fun and exciting atmosphere
is looking for FT hard workers
NO EXP NEEDED WE TRAIN
718-210-3642

PERMANENT EMPLOYMENT
AGENCY Provides
all types of jobs. 6908 Woodside Ave
Qns ♦ FEE 718-764-6650 / 718-672-9832

Airline Now Hiring. Major Airline at JFK, LaGuardia & Newark Airports Now Hiring. NO EXPERIENCE NECESSARY. \$14 to \$22/hr + benefits. Call 212-629-1777. FEE

Training

10A of Blue Steel Security. Walk-in. Job Placmt. 8hr/16hr/Ann/Comp. Sec/LP/CP/RF/Gen/Int/Net Del/4hr-Armed Gun Lic Svcs/Driving Less. 397 Bridge St. Call 347-463-901

EXTERMINATION/Termite Certification
NYS cert. 69 days. Jobs/biz Fin'l aid if qual. 24hr 718-205-0557/800-220-5494

Services

Careers

HIGH SCHOOL DIPLOMA FROM HOME
6-8 weeks accredited
Get a Diploma! Get a Job!
No computer needed!!
Call 24/7 for free brochure
1-800-264-8330
www.diplomafromhome.com
Benjamin Franklin High School

Miscellaneous

Miscellaneous

IQ TESTED

THE NEW YORK CITY TEST CENTER
offers for a limited time, free intelligence and personality tests.
Your IQ, personality and aptitude determine your future.
Know them. No obligations.
227 West 46th Street - New York City, NY
Phone: (212) 921-1210
Open 7 days a week from 9:00 am - 10:00 pm
©2007 CSNY. All Rights Reserved. SCIENTOLOGY and SCIENTOMETRIC are trademarks and service marks owned by Religious Technology Center and are used with its permission

Psychic

SHEIKH SALEEM
917.254.6647
MYSTICAL AFRICAN
MEDIUM & SPIRITUALIST
SOLVES ALL
YOUR ISSUES.
LOVE SPECIALIST,
REUNITE LOVERS,
BUSINESS
JOB, COURT,
LUCK,
BLACK MAGIC,
PROTECTION,
IMPOWERY,
IMMIGRATION, ETC.
ENGLISH AND FRENCH
SPEAKING.
QUICK RESULTS
www.africanmedium.com

MR. ALHAGIE MUTARR
African Spiritual Healer can
help you with problems like
bring back love ones and
marriage, business, court
case, jobs, black magic and
bad luck protection.
Call me at 646.427.8763

**reserve
your space**
DEADLINE: two (2) business days
prior to publication at noon.
866-900-9473
metroclassifieds

Psychic

Free IT Career Seminar

Microsoft Partner
GOLD Learning Solution
PARTNER OF THE YEAR
Opportunities are exploding
in IT! Get all the facts about
entering this exciting,
high paying field
Nov 20th, 11am or 6pm
RSVP at 888.563.8266
www.netcomlearning.com

Career Training

You CAN Do It!
Change your life! Train in the field of
PHARMACY TECHNOLOGY
A simple phone call
could change your life.
866-942-6444 • Sanford-Brown Institute
Garden City, NY • New York, NY
Licensed by the New York
State Education Department
Programs vary by location
sanfordbrown.edu

HEALTHY BABY?
You could help provide info to doctors
and expecting parents. Learn to take
ULTRASOUND images by training in
DIAGNOSTIC MEDICAL SONOGRAPHY
You could also help doctors
detect injuries and illness!
866-942-6444 • Sanford-Brown Institute
Garden City, NY • New York, NY
White Plains, NY
Licensed by the New York State Education
Department, Programs vary by location
sanfordbrown.edu

Afraid of NEEDLES???
But still want to be a part of the healthcare
field, working behind the scenes?
Consider training in
MEDICAL BILLING AND CODING!
866-942-6444 • Sanford-Brown Institute
New York, NY • White Plains, NY
Garden City, NY
Licensed by the New York State Education
Department, Programs vary by location
sanfordbrown.edu

INTRODUCTION TO BAKING 10 Week Course (Beginning Jan. 5)

Culinary
Tech
Center
located at
460 W 34th Street
Call 646.438.3974

metr@classifieds
TO PLACE AN AD CALL 866-900-9473

FREE ONLINE CAREER ASSESSMENT
Discover the careers & programs that
fit your interests & lifestyle!
tcicollege.edu/careertest
888.512.5831

ACE INSTITUTE OF TECHNOLOGY NEW CAREER OPPORTUNITIES

Medical Assistant CALL for Low Price
EKG Technician \$450
Phlebotomy Tech \$450
Medical Billing \$600

PC Technician [A+] \$500
Computer Networking [MCITP/MCTS]
CISCO Admin [CCNA/CCNP]

FINANCIAL AID AVAILABLE
For Select Programs if Qualified

www.acecareer.edu
Manhattan 212 695 9700 CLASSES CALL
Queens 718 575 3223 STARTING NOW

Legal Notices

NOTICE IS HEREBY GIVEN
that a license, serial # 1267114,
for Wine & Beer has been applied
for by the undersigned to sell
Wine & Beer at retail under the
Alcoholic Beverage Control Law
at 129 Havemeyer St. aka 318
Grand St., Brooklyn, NY 11211,
Kings County, for on-premise
consumption. IM Food LLC.

NOTICE IS HEREBY GIVEN
that a license, serial # 1267168,
for Liquor, Wine & Beer has
been applied for by the undersigned
to sell Liquor, Wine & Beer at retail under the
Alcoholic Beverage Control
Law at 381 Park Ave South, NY,
NY 10016. New York County,
for on premise consumption.
Sarabeth's Pas LLC.

NOTICE IS HEREBY GIVEN
that a license, number
1267147, for Beer has been
applied for by the undersigned
to sell Beer at retail under the
Alcoholic Beverage Control
Law at 155 W 29th St., NY,
NY 10001. New York County,
for on premise consumption.
Niher Corp.

For Sale

Books & Magazines

NEW NEW NEW
The Gillian Papers By
Stephen R. Wood
Author of Woodism
The California Lifestyle
(ADULTS ONLY)
\$29.99. ORDER NOW
WHILE SUPPLIES LAST!
wood.stephen1@yahoo.com

Miscellaneous

\$\$ CASH PAID \$\$

Buying Diabetic Test Strips
Nicotine Patches & Gum
All Day Pickup and
Drop off
1-646-400-5270

metroclassifieds
to place an ad call
866-900-9473
or visit us at www.metro.us

**SEARCH IT. FIND IT.
BUY IT.**

metroclassifieds

Frequent BATHROOM TRIPS? Bell Ezee Flow Herbal Tea #4a

■ **Men** Natural nutritional support for urinary ease & comfort. Relief within 3-5 days from dribbling, discomfort, urgency, poor flow. Instead of getting up many times most need to get up only once or not at all each night. For many years a favorite for mature men. Good sleep helps to have more energy all next day. Also blood flows more easily where it counts for better sex life. Thousands of satisfied repeat customers. No side effects. We have literally hundreds of testimonials.

■ **I was skeptical.** I bought a box and it worked as advertised. Within a week I had relief. *Howard Toy, 69, Henderson, NV* ■ **It's heaven to sleep through the night.** For many years I had 6-7 sleep interruptions every night. Had urgent trips to the bathroom day and night with discomforts. I enjoy my new life. *Angus Pike, Oshawa, ON*

■ **I am truly amazed and relieved.** After 2 weeks I no longer have to get up during the night. I'm enjoying a normal sex life again. I hope a lot of men with a pride issue give this tea a shot. It's difficult to express how delighted I am. *Clarence A. Rehrig, 58, Allentown, PA* ■ **Know the truth.** This is my third year of drinking the Ezee Flow Tea. I highly recommend it. A real life saver. *Thomas M. Thurston, Forsyth, GA* ■ **Women** suffering with incontinence, UTIs ask for Bladder Control Tea for Women #4b. Guaranteed relief within days. **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**



#26

Blood Pressure Formulation

Dr. C. Hammoud M.H., PhD, recommends this natural, effective fish peptide product to nutritionally support the body's normal blood pressure function. *A science-backed herbal phytonutrient. Promotes flexible, relaxed blood vessels in healthy persons. *A one-of-a-kind formula that offers unprecedented nutritional support for your overall health and well-being. *We have thousands of repeat customers. Blood pressure is a focal point of cardiovascular wellness. *Achieve your balance and maintain your balance and a healthy range.

■ **Bell Blood Pressure Formulation helped me feel great.** Thank you for this wonderful product. *William Oliver, Portsmouth, VA* ■ **I have been taking Bell #26 now for one year.** My mom and brother started taking it as well. Even my pastor is on it now. Thanks! *Mary Earl, Longview, TX* ■ **I started to take Bell Blood Pressure Formulation Formulation #26.** After about 30 days my blood pressure was normal. My doctor was very happy with me. *Irene Surridge, 67, Owen Sound, ON* ■ **A friend recommended Bell BP Formulation!** When a friend had good results I decided to try it. After taking Bell Blood Pressure Formulation #26. It made a difference in my life. *Milton Perdomo, 68, Rego Park, NY* **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

■ **AVAILABLE IN MANHATTAN:** New Life Nutritional Centre 714 W. 181 St. Cash Rx Plus 746 10th Ave. @ W 51st St Cordette Drugs 55 W 39th St @ 6th Ave. Cross County Pharmacy 1514 Madison Ave. @ 103rd Food For Health 1653 3rd Ave. New London Pharmacy 246 8th Ave @ 23rd St. A Matter of Health 1478 1st Ave. @ E 77th St. Ajanta Pharmacy 2718 8th Ave. @ 145th St Arrow Pharmacy 883 9th Ave. @ 57th St. Blake Pharmacy 1868 3rd Ave. @ 103rd St. Bliss Pharmacy 1590 Madison Ave. @ 107th St. C & C Nutrition 561 W 179th St. @ St. Nicholas Ave. Dile Punab Deli 170 9th ave @20th @21st ST. Harlem RX Pharmacy 102W. 116TH St. Health IS Wealth 184 7th Ave. Earth Matters 177 Ludlow St. @ Houston St Elm Health 1695 1st Ave. @ E 88th St. Metro Drugs 7 West 14th St. near 5th Ave. Metro Drugs 931 Lexington Ave. @ 68th St. #92 Pharmacy 1938 2nd Ave @ E. 100th St. VLV Med Pharmacy 4085 Broadway St. Earth Matters 177 Ludlow St. @ Houston St. Gary Null's Uptown Whole Foods 2421 Broadway St. Health Harvest 820 2nd Ave. Natural Green Market 162 3rd Ave. Pro Health Pharmacy 385 2nd Ave. Pro Health Pharmacy 370 Lexington Ave.

■ **AVAILABLE IN ALL BOROUGHES OF NEW YORK CITY CALL US FOR FUTHER INFORMATION:**



In other towns try your local health food stores first. If they don't have it and don't want to order it for you, order on our website or call us with Visa or Mastercard. S & H \$9.95.

Bell uses the power of nature to help put life back into your lifestyle

CLEAR SKIN

Dr. C. Hammoud, Master Herbalist, PhD, guarantees satisfaction. Helps to maintain healthy skin from the inside simply by cleansing the blood, instead of attacking the skin from the outside with creams or washes. * This makes sense. Usually you can see how it benefits your skin within days. * Many people wrote they were surprised how fast it worked. Lots of testimonials from pleased users on our Bell website. There is absolutely no risk for trying Dr. Hammoud's product.



■ **Last couple of years I tried everything.** Results with Bell Skin Disorders #60 were unbelievable. I have beautiful skin again. Thanks for giving back my self-esteem. *Nelisa Royer, 28, Doral, FL* ■ **My mom bought Bell #60.** I was skeptical. It did work quickly and better than anything else. *Christopher Seraphin, 14, Brooklyn, NY* ■ **It #60 worked.** I no longer have to hide at home, because I was ashamed to be seen. *Agnes Casillas, 60, New York, NY* ■ **Can wear again dresses** that are backless. My skin looks fantastic. Thank you from the bottom of my heart. *Yvette Maclean, 40, Lodi, CA* ■ **I was trying everything for years** and nothing worked. I felt physical and emotional pain having to hide. Finally I found your Bell #60. I'm so grateful and impressed about how fast it worked with amazing results. *Eulalia Isabel Sanchez Martin, 30, Brampton, ON*

Skeptics can call everybody. All are real people like you or your friends.



#23

SNORING?

As recommended by Dr. Gifford-Jones M. D.

Here is proof that snoring can be corrupting your health and your marriage. Three out of 10 couples are considering divorce because of snoring says a major magazine article. You are not alone! An official survey says 48% of all people snore. 75% are affected, if you add non-snoring husbands that have snoring wives or vice versa. Snoring is caused by slack muscles in the throat. A common complaint is that people feel that they are not well rested in the morning. Many people wrote they are now sleeping like a babies. Their partners are delighted. This natural health product Sound Sleep #23 usually helps the first night. No side effects.

■ **College professor had lack of good sleeps with many interruptions** for last 8 years that made her tired during the day. Within 3 days taking Bell Sound Sleep #23 the terrible snoring stopped. I wake up feeling refreshed and energized. I can concentrate in a focused, happy manner. I feel delighted with this natural product. *Dr. Anele E. Heiges, 77, New York, NY* ■ **A life changing product.** The very first night I took the capsules and every night after I had a restful and wonderful sleep. It has been a God send and blessing. I am by nature a skeptic. The money-back guarantee convinced me to try it. *Jimmy Pay, 53, Gardendale, AC* ■ **3 Years on Bell Sound Sleep #23.** My wife and I are entirely satisfied. Snoring episodes have completely disappeared. This has improved our lives enormously. *Leo Fortin, 60, St-Georges, QC* ■ **Basically you saved my husband's life.** For the last 5 years my husband had very bad nights. Bell #23 was nothing short of a miracle. I have my husband back. No more snoring. No more napping during the day. I am telling all our friends. *Bonnie Johnson, 64, Wichita, KS* ■ **My life changed. Sleep now 7-8 hours.** I am a retired college professor and author of books. I have no more need to nap during the day. Nothing I tried helped until I started Bell Sound Sleep. I am so delighted with this product I would like to make motivational speeches to help others. *Carmen V. Caruso, 66, Ann Arbor, MI* **On the Bell Website we list phone numbers or email addresses of actual users of this product and all other Bell products. Most are delighted to talk about their relief.**

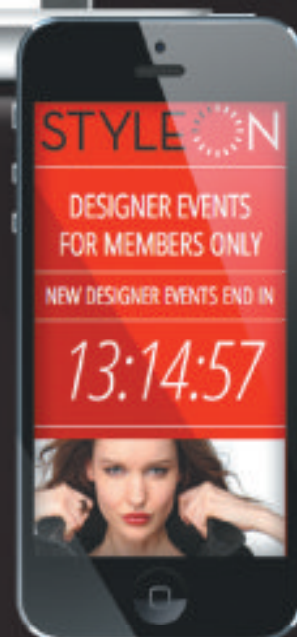
C21STORES.COM

Get the Century 21 deals you love 24/7.



STYLEON

Shop StyleON at C21stores.com for even bigger savings on exclusive designers. These limited-time shopping events are going on now, so don't wait to score!



UP TO 85% OFF RETAIL ON TOP DESIGNER LABELS

Shop Century 21 Department Store's
Better Than Black Friday event. Save
big on holiday shopping and save
yourself from the crowds!



Century 21
department store